拍數： 48 靕數： 2 級數：
編舞者：Bracken Heidenreich（USA），Junior Willis（USA）\＆John Robinson（USA）－May 2017
音樂：Dance－Rascal Flatts ：（Album：Back to Us－3：22）

## Intro： 24 counts

## Restart after 32 counts during 5th repetition＊

［1－8］$\square$ TOUCH，AND TOUCH，AND TOUCH，TWIST，TWIST，FORWARD ROCK，TRIPLE STEP（ONE AND A HALF TURNS）
1\＆2\＆Touch R forward；\＆Step R next to L；Touch L forward；\＆Step $L$ next to $R$
$3 \& 4 \quad$ Touch $R$ forward；\＆Twist $R$ heel out；Twist $R$ heel to center
5－6 Rock $R$ forward；Recover $L$ in place
7\＆8 Turn half right［6：00］stepping $R$ forward；\＆Turn half right［12：00］stepping $L$ next to R；Turn half right［6：00］stepping $R$ forward
［9－16］DWIZARD STEP，QUARTER WIZARD STEP，FORWARD ROCK，OUT OUT，BUMP BUMP
1，2\＆Step L forward；Lock R behind L；\＆Step L in place
3，4\＆Turn quarter right［9：00］stepping $R$ forward；Lock $L$ behind $R$ ；\＆Step $R$ in place
5－6 Rock L forward；Recover R in place
\＆7\＆8 \＆Step L to left side；Place R to right side；\＆Bump hips right；Bump hips left（weight L ）
［17－24］■SIDE，DRAG，BALL CROSS，SIDE，DROP AND ROLL，AND ROLL AND ROLL
1，2 Large step $R$ to right side；Drag $L$ toward $R$
\＆3，4 \＆Step ball of $L$ slightly back；Step $R$ across $L$ ；Step $L$ to left side
5－6 $\quad$ Bend knees，dropping hips，and scooping hips left to right
\＆7\＆8 Scoop hips left to right twice，weight ending R
［25－32］$\square$ BALL CROSS SIDE，SAILOR STEP，SAILOR THREE－QUARTER TURN LEFT，WALK，WALK
\＆1，2 \＆Step ball of $L$ slightly back；Step $R$ across $L$ ；Step $L$ to left side
3\＆4 Step R behind L；\＆Step L to left side；Step R to right side
5\＆6 Turn quarter left［6：00］stepping $L$ behind right；\＆Turn quarter left［3：00］stepping $R$ in place； Turn quarter left［12：00］stepping $L$ forward
7－8 Walk R forward；Walk L forward
＊Restart here during 5th repetition
［33－40］口KICK，BALL STEP，BALL STEP，HITCH，BACK，TOUCH，QUARTER，TOUCH
For steps 1－6，angle hips to face 1：30，travel forward to 12：00
1\＆2 Kick R to forward right diagonal；\＆Step ball of R slightly behind L；Step L toward 12：00
\＆3，4 \＆Step ball of R slightly behind L；Step L toward 12：00；Hitch R next to L
5－6 Step $R$ back toward 4：30；Touch $L$ next to $R$
7－8 Turn quarter left［9：00］stepping $L$ to left side；Touch $R$ next to $L$
［41－48］DSIDE ROCK，SAILOR QUARTER RIGHT，STEP，HALF PIVOT，TRIPLE STEP（FULL TURN）
1－2
Rock $R$ to right side；Recover L in place
3\＆4 Turn quarter right［12：00］stepping $R$ behind $L$ ；Step $L$ to left side；Step $R$ to right side
5－6 Step L forward；Turn half right［6：00］transferring weight $R$
7\＆8 Turn half right［12：00］stepping L back；\＆Turn half right［6：00］stepping $R$ next to L ；Step L forward

TAG：After Wall 2，add these 4 counts，facing 12：00

Over two counts, smoothly roll body forward then transfer weight back to L

Note: Thank you very much to Linda Ellis for suggesting this track, and to Lu Rousch for suggesting the title of this dance.

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