Don't Feel Like Dancin



拍數: 32 牆數: 4 級數: Upper Beginner

編舞者: Diana Bishop (AUS) - June 2017

音樂: I Don't Feel Like Dancin' - Scissor Sisters



WALK, 1/2 SHUFFLE TURN L.

1.2.3&4 Walk Fwd On R,L, ½ Shuffle Turn To L On R,L,R

BACK, FWD, STEP, HOLD

5.6.7.8. Rock Back On L, Fwd On R, Step L Fwd, Hold

HIP BUMPS

1.2.3.4 Hip Bump L,R,L,R

2 X CROSS SHUFFLES @ 45deg CRNs

5&6.7&8 Cross L Over R, Shuffle To R 45deg, On L,R,L, Cross R Over L, Shuffle To L 45deg, On

R,L,R

STEP L HIP BUMPS L,R,L, CROSS, HOLD.

1&2.3.4 Step L To L, As You Hip Bump L, Hip Bump R, Then L,

***(As You Do The Hips Shake Upper Body)

STEP L HIP BUMPS L,R,L, CROSS, HOLD.

5&6.7.8 Step L To L, As You Hip Bump L, Hip Bump R, Then L,

***(As You Do The Hips Shake Upper Body)

STEP L, PIVOT 1/4 R, SHUFFLE FWD,

1.2.3&4 Step L To L, Pivot ¼ To R Kepping Weight On Both Feet Finish With Weight On R, Shuffle

Fwd On L,R,L

QUICK CROSS WALK FWD ***(WITH BODY SHAKE, ARMS TO SIDES, PALMS FACING FLOOR)

5.6.7.8. Step R Over L, Step L Over R, Step R Over L, Step L Over R,

REPEAT DANCE