Blackout



拍數: 32 編數: Aigh Intermediate

編舞者: Guillaume Richard (FR) & Gemma Ridyard (UK) - June 2017

音樂: Blackout - Freya Ridings



Step Sweep, front side behind sweep, Behind 3/8 turn L, reverse spiral 5/8 turn L, run run run touch forward

12&3 Step RF forward as you sweep LF from back to front, cross LF over RF, step RF to R side,

cross LF behind R sweep RF from front to back

4&5 cross RF behind LF, making 3/8 turn L step LF forward (7:30), making 5/8 turn L step RF

back into a reverse spiral over L shoulder LF finishes hooked across R shin (11:30)

6&78 step LF forward, step RF forward, step LF forward, touch R toe forward

Back sweep, back to unwind ½ turn, 1/8 turn step sweep L, syncopated jazz box, step drag

step RF back as you sweep LF from front to back, step LF back touch R toe back unwind ½

turn R keeping weight back on LF (5:30)

4 making 1/8 turn R step RF forward as you sweep LF from back to front (6:00)

5&6& cross LF over RF, step RF back, step LF to L side, cross RF over LF

7-8 step LF a big side step L and slowly drag R to meet it as you angle the body (5:30)

(Restart here on wall 2)

Ronde run around turn sweep, jazz box half, pirouette (Ronde) step, run run run, L forward mambo

1 ronde RF around – completing a full circle on the floor with R toe

2&3 making a full turn over R shoulder step RF a ¼ turn R, step LF forward making a ¼ turn R,

turn ½ a turn R step RF forward as you ronde LF from back to front (5:30)

4& cross LF over RF, making a ¼ turn L as you step back on RF (1:30)

5 turn a ¼ turn L (11:30) as you do that is the beginning of a full pirouette turn L picking up RF

(Option to ronde sweep the RF a full turn) (11:30)

6&7 Step RF forward, step LF forward, step RF forward

8&1 Rock weight forward onto LF, replace weight to RF, step LF back

Cross unwind 7/8 turn L, side touch behind, R arm extends out, L arm draws up the body, unwind ½ turn L

2 3 4 cross RF over LF (2), unwind 7/8 turn L transferring weight to LF (3,4) (12:00)

&5 step RF to R side (as you shoot R hand out and down with fingers spread), touch LF behind

RF

6 7 draw L hand up the L hand side of the body and reach above head

8 unwind ½ turn L transferring weight to LF as you draw L hand down towards hip

Last Update - 6th July 2017