Summer & Drinking

拍數: 32

1

級數: Improver

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音樂: Got a Little Drunk - Madcon : (CD: Single 2017 - iTunes & other mp3 sites - 3:28)

Introduction: 8 counts, start on approx 05 sec.

Part 1. [1-8] Back & Recover with Arm Movement, ¼ Walking Circle, 2x Fwd Hip Bumps with Steps R, L.

- Step R back (L toe is up) & lean R while angling body 1/8 turn L (push your R hand fingers spread fwd to 10.30 - chest level).
- 2 Recover back onto L and pull R elbow backward with fist to front on chest high and lift R knee slightly up weight onto L.
- 3-4 Walk R forward on diagonal, Making 1/8 turn L (9.00) walk L forward.
- Point R forward and push R hip forward, Step R slightly forward, Point L forward and push L 5-8 hip forward, Step L slightly forward.

Part 2. [9-16] Press R forward with Sweep R, ¼ Sailor Turn L, Step, Point R, Touch, Point R, Cross.

- 1-2 Press R forward, Recover back onto L and sweep R from front to back.
- 3&4 Step R behind L, Making ¼ turn L (6.00) step L to L, Step R forward.
- Step L forward, Point R out to R. 5-6
- &7-8 Touch R beside L, Point R out to R, Step R across L.

Part 3. [17-24] ¼ Turn R, Back, Continue ¼ Turn R, Step, Scissor Step L, Recover, Sweep L with ¼ Turn L, Back, Point R, Cross.

- 1-2 Making ¼ turn R (9.00) step L back, Continue ¼ turn L (12.00) step R slightly forward.
- 3&4 Step L to L, Step R beside L, Step L across R.

(NB: Restart here in WALL 9 after 20 counts, after start again (facing 12 o`clock).

Recover back onto R and making ¼ turn L (9.00) and sweep L from front to back, Step L 5-8 back, Point R out R, Step R across L.

Part 4. [25-32] Step, Point R, Cross, Back, Syncopated Points R, L, Stomp, Hold.

- 1-4 Step L forward, Point R out to R, Step R across L, Step L back.
- 5&6 Point R to R, Step R beside L, Point L out to L.
- 7-8 Stomp L forward, Hold (weight onto L). (9.00)

REPEAT DANCE AND HAVE FUN!!

Dance Edit, email: smoothdancer79@hotmail.com





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