Born To Boogie



拍數: 48 編數: 4 級數: Low Intermediate

編舞者: Alessandro Boer (IT) - July 2017

音樂: Born to Boogie - Hank Williams, Jr.: (Album: It's about time)



Start dancing on lyrics

TOE STRUT, TOE STRUT, SIDE SHUFFLE, CROSED ROCK STEP BACK

Touch right toe to right side, drop weight on right
Touch left toe crossing on right, drop weight on left
Step side right, close left next to right, step side right

7-8 Cross left behind right, recover on right

TOE, HEEL, WEAVE, TOE, HEEL, 1/4 TURNING HITCH

Touch left toe next to right, touch left heel diagonally to left
 Cross left behind right, open right to side, cross left on right
 Touch right toe next to left, touch right heel diagonally to right

8 Hitch right knee turning 1/4 to right

COASTER STEP, HOLD, LOCK STEP, HOLD.

1-2-3 Step right back, close left next to right, step right forward

4 Hold

5-6-7 Step left forward, cross right behind left, step left forward

8 Hold

1/2 STEP TURN, STEP, HOLD, 1/2 STEP TURN, STEP, HOLD

1-2-3 Step right forward, turn 1/2 to left and bring weight on right, step left forward

4 Hold

5-6-7 Step left forward, turn 1/2 to right and bring weight on left, step right forward

8 Hold

RIGHT LINDY, LEFT LINDY

1&2 Step side right, close left next to right, step side right

3-4 Step back on left, recover on right

Step side left, close right next to left, step side left

7-8 Rock back on right, recover on left

TOE STRUT, TOE STRUT, OUT, OUT, IN, IN

Touch right toe forward, drop weight on rightTouch left toe forward, drop weight on left

5-6 Open right heel forward diagonally to right, open left heel diagonally to left

7-8 Step right back to centre, step left back next to right

REPEAT

TAG: On 3rd wall, on count 16, change the Right Hitch with a Right Toe next to left, then restart. The Restart will occur at 9.00.

RESTART: On 6th wall, do the first 40 counts, then Restart. The Restart will occur at 6.00.

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