

# Within You'll Remain (你常駐我心中) (zh)

COPPER KNOB  
STEPSHEETS

拍數: 120  
編舞者: Amy Yang (TW) - 2017年07月  
音樂: Within You'll Remain - Chyna

牆數: 4

級數: Phrased Intermediate



Intro : 44 counts

Sequence of dance : A A(24) B A(20) C C/ B A(24) C C A(16)

## PART A – 48 counts

### Sec. A1: FORWARD, SWEEP(R&L), JAZZ BOX

- 1 – 4 Step RF forward, Sweep LF form back out to front, Step LF forward, Sweep RF form back out to front  
5 – 8 Cross RF over LF, Step LF back, Step RF to R, Cross LF over RF  
1 – 4 右足前踏,左足向前繞,左足前踏,右足向前繞  
5 – 8 右足交叉左足前,左足後踏,右足右踏,左足交叉右足前

### Sec. A2: SIDE, DRAG, BACK, RECOVER(R&L)

- 1 – 4 Step RF big step to R, Drag LF slide towards R, Cross LF behind RF, Recover onto RF  
5 – 8 Step LF big step to L, Drag RF slide towards L, Cross RF behind LF, Recover onto LF  
1 – 4 右足右踏一大步,左足向右拖滑,左足交叉右足後,重心回右足  
5 – 8 左足左踏一大步,右足向左拖滑,右足交叉左足後,重心回左足

### Sec. A3: 1/4 TURN L SIDE, DRAG, BACK, RECOVER, SIDE, DRAG, BACK, RECOVER

- 1 – 4 1/4 turn L stepping RF big step to R, Drag LF slide towards R, Cross LF behind RF, Recover onto RF(09:00)  
5 – 8 Step LF big step to L, Drag RF slide towards L, Cross RF behind LF, Recover onto LF  
1 – 4 左轉 1/4右足右踏一大步,左足向右拖滑,左足交叉右足後,重心回右足(09:00)  
5 – 8 左足左踏一大步,右足向左拖滑,右足交叉左足後,重心回左足

Restarts : During wall 2(06:00) & wall 8(12:00), dance PART A - after 24 counts, wall 8 change the count 21-24 to touch instead of step

During wall 4(03:00), after 20 counts

### Sec. A4: RUMBA BOX, 1/4 TURN L FLICK RF

- 1 – 4 Step RF to R, Step LF beside RF, Step RF back, Hold  
5 – 8 Step LF to L, Step RF beside LF, Step LF forward, Make 1/4 turn L flick on RF(06:00)  
1 – 4 右足右踏,左足併於右足旁,右足後踏,停拍  
5 – 8 左足左踏,右足併於左足旁,左足前踏,左轉 1/4右足向後輕彈(06:00)

### Sec. A5: WEAVE, SWEEP, WEAVE, POINT

- 1 – 4 Cross RF over LF, Step LF to L, Cross RF behind LF, Sweep LF form front out to back  
5 – 8 Cross LF behind RF, Step RF to R, Cross LF over RF, Point RF to R  
1 – 4 右足交叉左足前,左足左踏,右足交叉左足後,左足後繞  
5 – 8 左足交叉右足後,右足右踏,左足交叉右足前,右足側點

### Sec. A6: BACK, POINT, BESIDE, STEP, FORWARD, RECOVER, BACK, TOUCH

- 1 – 4 Cross RF behind LF, Point LF to L, Step LF beside RF, Step on RF in place  
5 – 8 Step LF forward, Recover onto RF, Step LF big step to back, Touch RF beside LF  
1 – 4 右足交叉左足後,左足側點,左足併於右足旁,右足踏  
5 – 8 左足前踏,重心回右足,左足後踏,右足點於左足旁

## PART B – 40 counts

### Sec. B1: CROSS, HOLD(R&L), FORWARD, PIVOT 1/2 TURN L, FORWARD, HOLD

- 1 – 4 Cross RF over LF, Hold, Cross LF over RF, Hold
- 5 – 8 Step RF forward, Pivot 1/2 turn L step on LF, Step RF forward, Hold(09:00)
- 1 – 4 右足交叉左足前,停拍,左足交叉右足前,停拍
- 5 – 8 右足前踏,左軸轉 1/2左足踏,右足前踏,停拍(09:00)

**Sec. B2: CROSS, HOLD(L&R), FORWARD, PIVOT 1/2 TURN R, FORWARD, HOLD**

- 1 – 4 Cross LF over RF, Hold, Cross RF over LF, Hold
- 5 – 8 Step LF forward, Pivot 1/2 turn R step on RF, Step LF forward, Hold(03:00)
- 1 – 4 左足交叉右足前,停拍,右足交叉左足前,停拍
- 5 – 8 左足前踏,右軸轉 1/2右足踏,左足前踏,停拍(03:00)

**Sec. B3: SIDE, BEHIND, 1/4 TURN R, FORWARD, PIVOT 1/2 TURN R, 1/4 TURN R, BEHIND, SIDE**

- 1 – 4 Step RF to R, Cross LF behind RF, 1/4 turn R step RF forward, Step LF forward(06:00)
- 5 – 8 Pivot 1/2 turn R step on RF, 1/4 turn R step LF to L, Cross RF behind LF, Step LF to L(03:00)
- 1 – 4 右足右踏,左足交叉右足後,右轉 1/4 右足前踏,左足前踏(06:00)
- 5 – 8 右軸轉 1/2 右足踏,右轉 1/4 左足左踏,右足交叉左足後,左右左踏(03:00)

**Sec. B4: CROSS, RECOVER, SIDE, HOLD(R&L)**

- 1 – 4 Cross RF over LF, Recover onto LF, Step RF to R, Hold
- 5 – 8 Cross LF behind RF, Recover onto RF, Step LF to L, Hold
- 1 – 4 右足交叉左足前,重心回左足,右足右踏,停拍
- 5 – 8 左足交叉右足後,重心回右足,左足左踏,停拍

**Sec. B5: SWAY, HOLD(R&L), SWAY(R、L、R、L)**

- 1 – 4 Sway hip R, Hold, Sway hip L, Hold
- 5 – 8 Sway hip R、L、R、L
- 1 – 4 搖右臀,停拍,搖左臀,停拍
- 5 – 8 搖臀右、左、右、左

**PART C – 32 counts**

**Sec. C1: SWAY, HOLD(L&R), SCISSOR CROSS, HOLD**

- 1 – 4 Sway hip L, Hold, Sway hip R, Hold
- 5 – 8 Step LF to L, Step RF beside LF, Cross LF over RF, Hold
- 1 – 4 搖左臀,停拍,搖右臀,停拍
- 5 – 8 左足左踏,右足併於左足旁,左足交叉右足前,停拍

**Sec. C2: SWAY, HOLD(R&L), SCISSOR CROSS, HOLD**

- 1 – 4 Sway hip R, Hold, Sway hip L, Hold
- 5 – 8 Step RF to R, Step LF beside RF, Cross RF over LF, Hold
- 1 – 4 搖右臀,停拍,搖左臀,停拍
- 5 – 8 右足右踏,左足併於右足旁,右足交叉左足前,停拍

**Sec. C3: SHUFFLE DIAGONAL(L&R), HOLD**

- 1 – 4 Step LF forward L diagonal, Lock RF behind LF, Step LF forward L diagonal, Hold
- 5 – 8 Step RF forward R diagonal, Lock LF behind RF, Step RF forward R diagonal, Hold
- 1 – 4 左足踏左斜前,右足鎖於左足後,左足踏左斜前,停拍
- 5 – 8 右足踏右斜前,左足鎖於右足後,右足踏右斜前,停拍

**Sec. C4: FORWARD, PIVOT 1/2 R TURN R, FORWARD, HOLD, FORWARD, RECOVER, BESIDE, HOLD**

- 1 – 4 Step LF forward, Pivot 1/2 turn R step on RF, Step LF forward, Hold (06:00)
- 5 – 8 Step RF forward, Recover onto LF, Step RF beside LF, Hold
- 1 – 4 左足前踏,右軸轉 1/2右足踏,左足前踏,停拍(06:00)
- 5 – 8 右足前踏,重心回左足,右足併於左足旁,停拍

**Start again.**

Restarts : During wall 2(06:00) & wall 8(12:00), dance PART A - after 24 counts. wall 8 change the count 21-24 to touch instead of step & restart(09:00)During wall 4(03:00), after 20 counts

重新開始:第二面牆及第八面牆，跳至A段落第24拍。第八面牆21-24拍更改踏為點, 第二面牆，跳至20拍

Ending : During wall 11, after 12 counts, Then Step LF to L, Cross RF behind LF, 1/4 turn L step LF forward, Step RF forward, Pivot 1/2 turn L step on LF, Step RF beside LF to face the front(facing 12:00 )

結束:第十一面牆,跳12拍,然後左足左踏，右足交叉左足後,左轉 1/4 左足前踏,右足前踏,左軸轉 1/2 左足踏，右足併於左足旁，面向前(面向12: 00)

Have Fun & Happy Dancing !

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