Cold Water



拍數: 32 牆數: 1 級數: High Beginner

編舞者: Zana Barzdziuviene (LIT) - October 2016

音樂: Cold Water (feat. Justin Bieber & MØ) - Major Lazer



Intro: start on words "Feel You're Sinking"

Tag: after 1st wall, after 4th wall

(1-8) Kicks and steps (moving to R side), L cross over R, Rock R, recover, R sailor cross

1&2&3&4 Kick R to R diagonal (1), step R next to L (&), kick L to R diagonal (2), step L next to R (&),

kick R to R diagonal (3), step R next to L (&), cross L over R (4)

5-6-7&8 Rock R to R side (5), recover on L (6), step R behind L (7), step L next to R (&), cross R over

L (8)

(9-16) Kicks and steps (moving to L side), R cross over L, Rock L, recover, Cross/rock L over R, recover, turn ½ L

1&2&3&4 Kick L to L diagonal (1), step L next to R (&), kick R to L diagonal (2), step R next to L (&),

kick L to L diagonal (3), step L next to R (&), cross R over L (4)

5-6-7&8 Rock L to L side (5), recover on R (6), rock L over R (7), recover on R (8), turn ¼ L stepping

L to L side (8) (9:00)

(17-24) ¼ R turn, next, R chasse with ¼ R turn, ¼ R turn, next, L chasse with ¼ R turn (in total: full turn) (9:00)

1-2-3&4 Turn ¼ R stepping R to R side (1), close L next to R (2), step R to R side (3), close L next to

R (&), turn ¼ R stepping R fwd (4)

5-6-7&8 Turn ¼ R stepping L to L side (5), close R next to L (6), step L to L side (7), close R next to L

(&), turn 1/4 R stepping L back (8) (9:00)

(25-32) Coaster step, ¼ R pivot, Close R on ball next to L, step L to L side, hold, close R on ball next to L, step L to L side, put R on ball next to L

1&2-3-4 Step R back (1), close L next to R (&), step R fwd (2), step L fwd (3), turn ¼ R with weight on

L (4)

&5-6&7-8 Close R on ball next to L (&), step L to L side (5), hold (6), close R on ball next to L (&), step

L to L side (7), put R on ball next to L (8)

Tag (4 counts):

1-2 Step R on place (1), turn body ¼ L bending R knee stretch L fwd (2)

3-4 Return L next to R facing 12:00 (weight on L) (3), turn body ¼ R bending L knee stretch R

fwd (4)

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