

Blurred Lines

拍數: 36 牆數: 4 級數: Beginner
編舞者: Chicago Freddie Edmonds (USA) - July 2017
音樂: Blurred Lines (feat. T.I. & Pharrell) - Robin Thicke



Intro: 32 counts.

4 SAILOR STEPS (R,L,R,L)

- 1&2 Cross right behind left, step left to left side, step right back to center
- 3&4 Cross left behind right, step right to right side, step left back to center
- 5&6 Cross right behind left, step left to left side, step right back to center
- 7&8 Cross left behind right, step right to right side, step left back to center

HEEL TAPS (R-L-R), CLAP, HIP BUMPS (2X FWD, 2X BACK,)

- 1&2&3, 4 Tap right heel forward, step right foot next to left foot, tap left heel forward, left foot by right foot, tap right heel forward, clap (optional)
- 5-8 Bump hips forward on right two times, bump hips back on left two times

BUMP HIPS FWD/BACK, FWD/BACK, R SHUFFLE, STEP ½ TURN R,

- 1-4 Bump hips forward on right, back on left, forward on right, back on left
- 5&6 Step right slightly forward, slide left foot to instep of right foot, step slightly forward on right (shuffle right)
- 7, 8 Step forward on left, push off to turn ½ turn right (weight falls onto right)

L SHUFFLE, STEP 1/2 TURN L, ¼ TURN L, R GRAPEVINE, L GRAPEVINE

- 1&2 Step left slightly forward, slide right foot to instep of left foot, step slightly forward on left (shuffle left)
- 3, 4 Step forward on right, push off to turn 1/2 turn left (weight fall onto left)
- 5-8 ¼ Turn Left as you Step right to right side, step left behind right, step right to right side, tap left next to right (right grapevine)
- 1-4 Step left to left side, step right behind left, step left to left side, tap right next to left

REPEAT