Hurt Me A Little More

拍數: 32

級數: Intermediate

編舞者: Holly Easom (USA) - July 2017

音樂: Hurt Me - Låpsley : (Album: Hurt Me - Single - 3:59)

牆數:4

Nightclub B	asic, Nightclub basic, step, 1/2 turn, full spiral turn
1,2&	Step R to R side (1), rock L behind R (2), recover to R (&)
3,4&	Step L to L side (3), rock R behind L (4), recover to L (&)
5,6	Step R forward (5), keeping weight on R, 1/2 turn to the L (6) (6 o'clock)
7,8	Full turn to the R while shifting weight to L and dragging R toe around L (7) Step R forward (8) (6 o'clock)
Step, rock,	recover, step, 1/2 pivot, 1/4 sweep, cross, weave
&1,2	Step L forward (&), rock R forward (1), recover to L (2)
&3&4	Step R next to L (&), Step L forward (3), Pivot 1/2 turn and step R forward (&) (12 o'clock), sweep L around while turning 1/4 R (4) (3 o'clock)
5&6&	Cross L over R (5), rock R to R side (&) recover to L (6), cross R over L(&)
7&8&	Step L to L side (7), cross R behind L (&), step L to L side (8), cross R over L (&)
Nightclub b	asic, 1/4 turn step lock, 1/4 sway, sway, nightclub basic
1,2&	Step L to L side (1) rock R behind L (2), recover to L (&)
3,4&	1/4 R and step R forward (3) (6 o'clock), lock L behind R (4) step R \Box forward (&)
5,6	Make a 1/4 turn R while stepping L to L and swaying to L (5) (9 o'clock), recover to R while swaying R (6)
7,8&	Step L to L (7), rock R behind L (8), recover to L (&)
1/4 turn, tra	veling rock across, 1/8 turn, 1/8 turn, cross, 1/4 turn,1/2 turn ,1/4 turn, cross
1,2&	1/4 to R while stepping R forward (1) (12 o'clock), rock L to L (2), recover to R while stepping slightly forward (&)
3,4&	Cross L over R while stepping slightly forward (3), rock R to R (4) recover L to L while stepping slightly forward (&)
5&6&	Step R forward (5), 1/8 R while stepping L back (&) (1:30), 1/8 R while stepping R to R side (6) (3 o'clock), cross L over R (&)
7&8&	Make a 1/4 turn L while stepping R back (7) (12 o'clock), make a 1/2 turn L while stepping L forward (&) (6 o'clock), 1/4 L while stepping R to R side (8) (3 o'clock), cross L over R (&)

Restart: Happens on wall 8. Wall 8 starts facing 12 o'clock, you will restart while facing 3 o'clock. Do the first 16 counts as normal EXCEPT you will touch your R next to L on the last & count INSTEAD of crossing R over L so you can easily restart the dance by stepping R to R

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