

Bop Bop

拍數: 32 牆數: 2 級數: Beginner
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音樂: Bop Bop (feat. Eric Turner) - Inna



Start: After 16 counts + Intro 16 counts (1 POINT FORWARD, 2 POINT SAID, 3 & 4 WEAVE) X 2, R- L.

Tag, ending wall 3 & 6 (Charleston x 2) 8 Counts

[1 – 8] ROCK FORWARD, RECOVER, STEP BACK, BACK LOCK X 2, COASTER STEP 4

- 1 & 2 Rock RF forward, recover LF, step RF back.
- 3 & 4 Step LF back, step RF back ahead of the LF, step RF back.
- 5 & 6 Step RF back, step LF back ahead of the RF, step RF back.
- 7 & 8 Step LF back, close RF to RF, LF step forward.

OPTIONAL: FULL TURN

- 1&2 RF estep forward, 1/2 turn left LF, 1/2 turn left RF.

[9 – 16] CHARLESTON, HEEL GRIND ¼ TURN RIGHT, COASTER STEP

- 1 - 2 RF point forward (or kick), RF step back.
- 3 - 4 LF touch back, step L forward.
- 5 - 6 RF heel grind ¼ turn right, recover left.
- 7 & 8 Step RF back, close LF to RF, RF step forward.

[17-24]: SHUFFLE L FORWARD, ROCK SIDE, WEAVE, STEP SIDE, TOUCH

- 1 & 2 LF Step left forward, RF Step right beside left, LF step left forward.
- 3 - 4 RF step right, recover left.
- 5 & 6 RF Cross step behind Left, LF Step to left side, RF Cross step over left.
- 7 - 8 LF step side, RF touch.

[25-32]: SHUFFLE DIAGONAL RIGHT AND LEFT, PADEL TURN 1/4 X 3, FLICK

- 1 & 2 RF Step right forward, LF Step left beside right, RF step right.
- 3 & 4 LF Step left forward, RF Step right beside left, LF step left.
- 5 & RF Touch Fwd making 1/4 turn left .
- 6 & RF Touch Fwd making 1/4 turn left .
- 7 & RF Touch Fwd making 1/4 turn left .
- 8 RF flick.

Start dancing againe

"There are shortcuts for happiness and dancing is one of them"

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Last Update – 28th July 2017