

Countryholic

COPPER KNOB
STEPPERS

拍數: 32 牆數: 4 級數: High Beginner
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音樂: Countryholic - Sons of the Palomino : (iTunes)



Intro: 16 counts

(At wall 5 Restart after 16ct replace hold clap by stepping LF next to RF and Restart)

(1-8) SWIVEL HEELS RT, BUMP BUMP, SWIVEL HEELS LT BUMP BUMP

1-2 heels RT, toes RT,
3-4 bump hips RT x 2
5-6 heels LT, toes LF
7-8 bump hips LT x 2

(9-16) POINT & POINT & POINT (HOLD) CLAP, POINT & POINT & HEEL (HOLD) CLAP

1&2& point RF out to RT, step RF next to LF, point LF out to LT, step LF next RF
3-4 point RF out to RT, hold on 4 clap
8&5&6& step RF next to LF, point LF out to LT, step LF next to RF, point RF out to RT, step RF next to LF
7-8 LF heel forward, hold clap

Restart here: at wall 5 by replacing hold clap with stepping LF next to RF

(17-24) & WALK WALK SHUFFLE ROCK RECOVER BACK SHUFFLE

&1-2 step LF next to RF, step RF forward, step LF forward
3&4 step RF forward, step LF next to RF, step RF forward
5-6 rock forward on LF, recover on RF
7&8 step LF backwards, step RF next to LF, step LF back

(25-32) ROCK RECOVER BACK, STEP ½ TURN LEFT, ¼ TURN LEFT STOMP STOMP

1-2 rock backwards on RF, recover on LF
3-4 step RF forward, pivot ½ turn left keeping weight on LF (6o'clock)
5-6 step RF forward, pivot ¼ turn left (3o'clock)
7-8 stomp RF, stomp LF

Any questions contact me @ pistoias@gmail.com have fun enjoy!!!!