

Rolling Along

拍數: 64 牆數: 2 級數: Intermediate
編舞者: Hiroko Carlsson (AUS) - August 2017
音樂: Rolling Along - The Mavericks : (Album: Brand New Day - iTunes)



(Intro: count 16)

[S1] Fwd Rock, Shuffle Back, Back Rock, Shuffle Fwd □□□

1 2 Rock/step R fwd, Recover weight on L
3&4 Shuffle back RLR
5 6 Rock/step L back, Recover weight on R
7&8 Shuffle fwd LRL (12:00)

[S2] Step Paddle 1/4L, Cross Shuffle, Side Rock, Behind, Side, Fwd

1 2 Step R fwd, Turning 1/4L weight on L
3&4 Cross R over L, Step L close to R, Cross R over L
5 6 Rock/step L to left side, Recover weight on R
7&8 Step L behind R, Step R to right side, Step L fwd (9:00)

[S3] Step Pivot 1/2L, Shuffle Fwd, Step Paddle 1/4R Shuffle Fwd

1 2 Step R fwd, Turning 1/2L weight on L
3&4 Shuffle fwd RLR (3:00)
5 6 Step L fwd, Turning 1/4R weight on R
7&8 Shuffle fwd LRL (6:00)

[S4] Fwd, Fwd, Monterey 1/4R, Fwd, Fwd, Monterey 1/4L

1 2 Step R fwd, Step L fwd
3 4 Point R to right side and prep for turn, Turn 1/4R on L step R next to L
5 6 Step L fwd, Step R fwd
7 8 Point L to left side and prep for turn, Turn 1/4L on R step L next to R (6:00)

[S5] Heel Grind, 1/4R Rock Back, Heel Grind, 1/4R Rock Back

1-2 Step R heel fwd and grind turning 90 deg right
3 4 Rock/step R back, Recover weight on L
5-6 Step R heel fwd and grind turning 90 deg right
7 8 Rock/step R back, Recover weight on L (12:00)

[S6] Fwd Rock, 1/2 Turning Shuffle Fwd, 1/2 Turning Shuffle Back, Rock Back

1 2 Rock/step R fwd, Recover weight on L
3&4 Turning 1/2R- shuffle fwd RLR
5&6 Turning 1/2R- shuffle back LRL
7 8 Rock/step R back, Recover weight on L (12:00)

[S7] Fwd, Fwd, 1/4L Back-Lock-Back, 1/4L Shuffle Fwd, Shuffle Fwd

1 2 Step R fwd, Step L fwd
3&4 Turning 1/4L step R back, Cross L over R, step R back
5&6 Turning 1/4L step L fwd, Step R next to L, Step L fwd
7&8 Shuffle fwd RLR (6:00)

[S8] Rock Fwd, 1/2L, 1/2L, Back Rock, Shuffle Fwd

1 2 Step L fwd, Recover weight on R
3 4 Turning 1/2L step L fwd, Turning 1/2L step R back

5 6 Rock/step L back, Recover weight on R
7&8 Shuffle fwd LRL (6:00)

TAG: 4 counts Tag: End of Wall 2 (12:00) and Wall 4 (12:00) – 2 x 1/2L Pivot

1 2 3 4 Step R fwd, Turning 1/2L weight on L, Step R fwd, Turning 1/2L weight on L

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(updated: 2/8/17)
