Move It On Over

級數: Beginner

編舞者: Betty Moses (USA) - August 2017

音樂: Move It On Over - Henry Smith: (Album: Laid Back)

Alt. music: Move it on Over by Tom Hiddleston and the Saddle Spring Boys

Intro: Start after 16 Counts

拍數: 48

[1 – 8] Step Side-Touch, Step Side-Touch, Step Side-Step Together, Step Back-Touch

- Step R to R side, Touch L next to R 1 - 2
- 3 4Step L to L side. Touch R next to L
- 5 6 Step R to R side, Step L next to R
- 7 8 Step R back, Touch L next to R

[9-16] Step Side-Touch, Step Side-Touch, Step Side-Step Together, Step Forward-Brush

- 1 2 Step L to L side, Touch R next to L
- 3 4Step R to R side, Touch L next to R
- 5 6Step L to L side, Step R next to L
- 7 8 Step L forward, Brush R next to L

[17-24] Heel/Toe Rocking Chair, Triple Forward, Hold

- 1 2Rock forward on R heel, Recover weight on L
- 3 4Rock back on R toe, Recover weight on L
- 5 8 Triple forward R-L-R, Hold

[25-32] Heel/Toe Rocking Chair, Chase 1/2 Turn, Hold

- 1 2 Rock forward on L heel, Recover weight on R
- 3 4 Rock back on L Toe, Recover weight on L
- 5 8 Step forward on L, Pivot ¼ right, Cross L over R, Hold (6:00)

[33-40] Weave Right, Side Rock/Recover/Cross, Hold

- 1 4 Step R to side, Cross L behind R, Step R to side, Cross L over R
- 5 8 Rock R to side, Recover weight on L, Cross R over L, Hold

[41-48] Weave Left, Side Rock/Recover/Cross, Hold

- Step L to side, Cross R behind L, Step L to side, Cross R over L 1 – 4
- 5 8 Rock L to side, Recover weight on R, Cross L over R, Hold
- Start again

No Tags – No Restarts – Have Fun!

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牆數:2