

# Countryholic

COPPER KNOB  
BY SHEETS

拍數: 48      牆數: 3      級數: Intermediate  
編舞者: Harold Grimshaw (UK) - August 2017  
音樂: Countryholic - Sons of the Palomino



---

## S1: KICK BALL CROSS (x2), SIDE ROCK, BEHIND/SIDE/CROSS

1&2, 3&4      RIGHT Kick/Ball/Cross (x2)

5-6      RIGHT side, Recover LEFT

7&8      RIGHT Behind/Side/Cross

## S2: HIP PUSHES, CHASSE, CROSS ROCK

1-4      Push Hips Left, Right, Left, Right

5&6      LEFT Chasse

7-8      RIGHT Cross, Recover LEFT

\*RESTART here wall 4 (9)

## S3: TURN 3/4, BACK ROCK, FULL TURN FORWARD, FORWARD ROCK

1-2      Turn 3/4 RIGHT - stepping RIGHT forward (1/4 Right), LEFT back (1/2 Right)

3-4      RIGHT back, Recover LEFT forward

5-6      FULL Turn forward - stepping RIGHT, LEFT (Option - Walk forward RIGHT, LEFT)

7-8      RIGHT forward, Recover LEFT back

## S4: COASTER BACK, FORWARD, HOLD, & FORWARD, HOLD, & FORWARD, HOLD

1&2      RIGHT Back/together/forward

3-4      LEFT forward, Hold

&5,6      RIGHT together (&), LEFT forward, Hold

&7,8      RIGHT together (&), LEFT forward, Hold \*RESTART here wall 1 (9)

## S5: MONTEREY 1/4 , HEEL SWITCHES, HOLD

1-2      Touch RIGHT to Right, Pivoting 1/4 Right - Step RIGHT together

3-4      Touch LEFT to Left, Step Left together

5&6&7-8      Heel switches forward RIGHT, LEFT, RIGHT, HOLD

## S6: CROSS, SLOW 1/2 TURN, JAZZ BOX CROSS

1-4      RIGHT cross, Slowly pivot 1 / 2 LEFT over 3 counts (weight transfers to LEFT)

5-8      RIGHT cross, LEFT back, RIGHT side, Cross LEFT

---