It's True

拍數: 32

級數: Intermediate

編舞者: Kim Ray (UK) - August 2017

音樂: Simply - Michael Bolton

Intro: Start on word Love - I Simply "Love" You (approx. 2 seconds into track)

S1: ½ TURN LEFT SWEEP, BACK ROCK/RECOVER, SPIRAL ½ TURN RIGHT, FULL TURN RIGHT, WALK FORWARD x 2. PRESS/RECOVER, RUN BACK x 2 1

- $\frac{1}{2}$ turn left stepping back on right sweeping left out and round (6:00)
- 2& Rock back on left, recover on right
- 3 $\frac{1}{2}$ turn right stepping back on left lifting right slight up (12:00)
- 4& ¹/₂ turn right stepping right in place, ¹/₂ turn right stepping left in place
- 5-6 Walk forward on right, walk forward on left
- 7& Press forward on right, recover back on left
- 8& Small run back on right, small run back on left (12:00)

S2: BACK ROCK/RECOVER, FULL TURN LEFT WITH SWEEP, WEAVE LEFT SWEEP, BEHIND, SIDE, CROSS ROCK/RECOVER, SIDE, CROSS

- 1-2 Rock back on right prepping/looking over right shoulder, recover on left
- &3 $\frac{1}{2}$ turn left stepping back on right, $\frac{1}{2}$ turn left stepping forward on left sweeping right out and round
- 4&5 Cross step right over left, step left to left side, cross right behind left sweeping left out and back
- 6&7 Cross left behind right, step right to right side, cross rock left over right
- &8& Rock recover back on right, step left to left side, cross step right over left (12:00)

(BRIDGE 1 during wall 5 then continue from Count 1 of S3 facing 12:00)

(BRIDGE 2 during wall 6 then continue from Counts 2&3 of S3 facing 6:00)

S3: NC BASIC LEFT, NC BASIC RIGHT, FORWARD, CHASE ½ TURN LEFT, FULL TURN RIGHT SWEEP

- 1-2& Large step left to left side, rock back on right, recover on left
- 3-4& Large step right to right side, rock back on left, recover on right
- 5 Step forward on left
- 6&7 Step forward on right, pivot $\frac{1}{2}$ turn left, step forward on right (6:00)
- 1/2 turn right stepping back on left, 1/2 turn right stepping forward on right, sweep left out and &8& round (6:00)

S4: CROSS, SIDE, BACK, BACK ROCK/RECOVER, STEP, PIVOT 1/2 TURN LEFT, WALK FORWARD x 2, STEP, PIVOT ½ TURN LEFT

- 1 Cross step left over right
- 2& Step right to right side, step back on left
- 3-4 Rock back on right, recover forward on left
- &5 Step forward on right, ¹/₂ pivot turn left (12:00)
- 6-7 Walk forward on right, walk forward on left (or full turn left)
- 8& Step forward on right, pivot ¹/₂ turn left (6:00)

Tag: danced at end of wall 2 facing 12:00

SWAY RIGHT, SWAY LEFT

1-2 Sway right, sway left

Bridge 1: danced during wall 5 after S2 facing 12:00 then carry on from S3 SWAY LEFT, SWAY RIGHT

1-2 Sway left, sway right





牆數:2

Bridge 2: danced during wall 6 after S2 facing 6:00 then carry on from counts 2&3 of S3 STEP RIGHT, HOLD X 3

1-4 Step left to left side and hold for 3 more counts

To finish – dance up to count 6& of S2 then slow rock left over right, ball cross right over left and slowly unwind full turn, step right to right side.

Last Update - 21st Aug 2017