

Countryholic

COPPER KNOB
BY STEPHEN

拍數: 32 牆數: 4 級數: Improver
編舞者: Darren Mitchell (AUS) - August 2017
音樂: Countryholic - Sons of the Palomino : (Album: Sons Of The Palomino.)



(Intro: 16 counts)

FORWARD, BACK, ½ TURN SHUFFLE, PADDLE TURN, SHUFFLE ACROSS

1,2 Step right forward, rock back onto left,
3&4 Turning ½ turn right shuffle forward: R-L-R,
5,6 Step L forward, turn ¼ turn right take weight onto right,
7&8 Shuffle left across in front of right: L-R-L. (9:00)

SIDE, ROCK, BEHIND-SIDE-ACROSS, SIDE, ROCK, BEHIND-SIDE-ACROSS

1,2 Step right to the side, side rock onto left,
3&4 Step right behind left, step left to the side, step right across in front of left,
5,6 Step left to the side, side rock onto right,
7&8 Step left behind right, step right to the side, step left across in front of right. (9:00) **

HEEL & HEEL & PADDLE TURN, HEEL & HEEL & PADDLE TURN

1&2& Touch right heel forward, step right together, touch left heel forward, step left together,
3,4 Step right forward turn 90 degrees left, take weight onto left, ***
5&6& Touch right heel forward, step right together, touch left heel forward, step left together,
7,8 Step right forward turn 90 degrees left, take weight onto left. (3:00)

ACROSS, POINT, ACROSS, POINT, JAZZ BOX

1,2 Step right across in front of left, point left to the side,
3,4 Step left across in front of right, point right to the side,
5,6 Step right across in front of left, step back on left,
7,8 Step right to the side, step left together. (3:00)

[32] REPEAT

Restarts:

On wall 5, dance to count 16 **, then restart the dance again facing 9:00.
On wall 11, dance to count 20 ***, then restart the dance again facing 6:00.

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