No Rush



拍數: 32 牆數: 4 級數: Novice (Improver)

編舞者: Erin Johnson & John Dembiec (USA) - August 2017

音樂: Singles You Up - Jordan Davis



#16 count intro, start on vocals

Restart on wall 4 after 1st 8 counts

[1-8] VINE, ROLLING VINE, STOMPS

Step R to R, Step L behind R, Step R to R, Touch L next to R
Turn ¼ to L stepping L forward, Making ½ turn L step back on R

7&8 Making ¼ turn L step L to L, Stomp R foot in place twice (Weight stays on L)

Restart here on wall 4, facing 9 o'clock

[9-16] TOUCH, ½ TURN, BACK COASTER, ROCK, BACK COASTER

1-2 Touch R toe back, Make ½ turn R keeping weight back onto the L

3&4 Step R back, Step L next to R, Step R forward

5-6 Rock L forward, Replace back to R

7&8 Step L back, Step R next to L, Step L forward

[17-24] WIZARDS STEP, ROCK, TRIPLE BACK

1-2& Step R forward to R diagonal, Step L behind R, Step R slightly forward
3-4& Step L forward to L diagonal, Step R behind L, Step L slightly forward

5-6 Rock R forward, Replace to L

7&8 Triple back R, L, R

[25-32] TRAVELING SAILORS BACK, TOUCH, 1/4 TURN, KICK-STEP-STOMP

Step L behind R, Step R to R and slightly back, Step L to L and slightly back Step R behind L, Step L to L and slightly back, Step R to R and slightly back

5-6 Touch L toe next to R, Still weighted on R turn 1/4 turn L

7&8 Kick L forward, Step slightly forward onto L, Stomp R (Weight stays on L)

REPEAT AND HAVE FUN !!!!!

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