

# Life After Life

**COPPER KNOB**  
STEPPERS

拍數: 48      牆數: 4      級數: Phrased Improver  
編舞者: Queen (CN) & Ping Chen (CN) - September 2017  
音樂: Faded (凉凉) (Remix Mashup) - Aska Yang (杨宗纬) & Zhang Bichen (张碧晨) & Alan Walker



Intro: 16 counts

Sequence: AA Tag BBBB AABBBB ENDING

**A – 32 counts**

**Sec A1: [1-8] CROSS ROCK, SLIDE, DRAG, CROSS ROCK, SLIDE, DRAG**

12      Rock R in front of L, Recover to L  
34      Take a big step R to R side, Drag L toward to R  
56      Rock L in front of R, Recover to R  
78      Take a big step L to L side, Drag R toward to L

**Sec A2: [9-16] BACK ROCK, FULL TURN, FORWARD ROCK, 1/4 TURN SLIDE (3:00)**

12      Rock R back, Recover to L  
34      Turn 1/2 L step R back, Turn 1/2 L step L forward (12:00)  
56      Rock R forward, Recover to back  
78      Turning 1/4 R take a big step R to R side, Drag L toward to R(3:00)

**Sec A3: [17-24] CROSS, POINT, 1/4 TURN CROSS, POINT, JAZZ BOX (6:00)**

12      Cross L in front R, Point R toe to R side  
34      Turn 1/4 R cross in front of L, Point L to L side (6:00)  
5678      Cross L in front of R, Step R back, Step L to L side, Cross R in front of L

**Sec A4: [25-32] SIDE MAMBO, 3/4 TURN L, FORWARD SHUFFLE (9:00)**

123      Rock L to L side, Recover to R, Cross L in front of R  
56      Turn 1/4 L Step R back, Turn 1/2 L step R forward (9:00)  
7&8      Step L forward, Step R next to L, Step L forward

**B – 16 counts**

**Sec B1: [1-8] WALK FULL TURN, 1/4 TURN CROSS, POINT, CROSS, POINT (12:00)**

1234      Walk 4 step for full turn R,L,R,L  
5678      Turn 1/4 R cross in front of L, Point L to L side, Cross L in front R, Point R toe to R side(12:00)

**Sec B2: [9-16] WALK FORWARD, FORWARD ROCK, WALK BACK, BACK ROCK**

1234      Walk forward R, L, Rock R forward, Recover to L  
5678      Walk back R, L, Rock R back, Recover to L

**ENDING: 16 Counts**

**[1-8] WALK FULL TURN R, TOUCH**

1-7      Take slow small step walk 7 step for full turn R,L,R,L,R,L,R  
8      Touch L next to R

**[9-16] WALK FULL TURN L, TOUCH**

1-7      Take slow small step walk 7 step for full turn L,R,L,R,L,R,L  
8      Touch R next to L

**NOTE: at the last rhythm, facing 12:00 you can make a beautiful ending pose.**

**HAVE YOUR FUN!**

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