# Legends and Heroes



拍數: 48 牆數: 4 級數: Phrased Intermediate

編舞者: Jack Swanson & Aly Glasier - August 2017

音樂: Something Just Like This - The Chainsmokers & Coldplay



Pattern: AAA BB AA BB AAA BBBB Intro 16 Counts (start on the word Old)

Part A: 32 Counts

AS1: Rock forward, shuffle back, rock back, walk walk
1-2 Rock forward on right and recover on left

3&4 Shuffle back right left right

5 -6 Rock back on left and recover on right7-8 Walk forward two steps left right

\*Can do a full turn turning over right shoulder

#### AS2: Quarter turn, crossing shuffle, hinge turn, shuffle forward

1-2 Step forward on left, pivot ¼ turn right shifting weight to right (3:00)

3&4 Crossing shuffle left right left

5-6 Step back on right as you ¼ turn left, step to left with left as you ¼ turn left again (9:00)

7&8 Shuffle forward right left right

#### AS3: Rock forward, shuffling half turns, behind side cross

1-2 Rock forward on left and recover

3&4 Shuffle half turn left (left right left) (3:00) 5&6 Shuffle half turn left (right left right) (9:00)

7&8 Step left behind right, step right to right side, cross left over right.

\*Turns can be modified to straight shuffles back

## AS4: Rock side, behind side cross, rock side, coaster step

1-2 Rock to the right and recover on left

3&4 Step right behind left, step left to left side, cross right over left

5-6 Rock to the left and recover on right

7&8 Left coaster step

#### B: 16 Counts

## BS1: Stomp, toe heel stomp, toe heel rock, half turn shuffle

1 Stomp with right foot

2&3 Touch left toe next to right, touch left heel next to right, stomp in place with left foot

4& Touch right toe next to left, touch right heel next to left

5-6 Rock forward with right and recover on left

7&8 Shuffle half turn right (3:00)

#### BS2: Press, press, shuffle back, coaster step

1-2& Press forward left and return weight to right, ball step onto left foot

3-4 Press forward right and return weight to left

5 & 6 Shuffle back right, left, right

7&8 Left coaster step

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