When We Were Young

拍數: 32

級數: Intermediate

編舞者: Judy Rodgers (USA) - September 2017

音樂: When We Were Young - Adele

#16 count intro (dance starts 1 beat before vocals) (*note....music is long (4:50)....I fade out about 3:40) S1: Step, rock recover turn 1/4 R, coaster step, step turn 1/2 L turn 1/2 L, step rock recover 1

- Step R big step to right side
- 2&3 Rock L behind R, recover R, turn 1/4 right step L back - 3:00
- 4&5 Step R back, step L beside R, step R fwd
- 6&7 Step L fwd, turn 1/2 left step R back, turn 1/2 left step L fwd
- &8& Step R fwd, rock L fwd, recover R

S2: Back, sweep sailor turn 1/4 R, cross side cross, rock recover turn 1/2 R turn 1/2 R turn 1/4 R sway Step L back 1

2&3 Sweep turn 1/4 R step R behind L, step L to left side, step R to right side - 6:00

4&5 Cross L over R, step R to right side, cross L over R (facing right diag 7:30)

- 6& Rock R fwd, recover L (6&7& still on diagonal...straighten to wall on count 8)
- 7&8& Turn 1/2 R step R fwd, turn 1/2 R step L back, turn 1/8 R step R to side, sway L - 9:00

(**option 7&8& - back, back, turn 1/8 R step R right side, sway L)

** Restart Wall 3 (start 6:00 Restart 3:00) and Wall 6 (start 9:00 Restart 6:00)

S3: Side, rock recover side, behind side fwd, run run run, chase step L

- 1 Step R to right side
- 2&3 Rock L behind R, recover R, step L to left side
- 4&5 Step R behind L, step L to left side, step R fwd
- 6&7 Run fwd L R L
- 8&1 Step R fwd, turn 1/2 left step L fwd, step R fwd - 3:00

(**option for 6&7....step fwd L, turn 1/2 L, turn 1/2 L)

S4: Rock recover back, back turn 1/4 L cross, unwind 3/4 L, sweep sailor step

- 2&3 Rock L fwd, recover R, step L back
- 4&5 Step R back, turn 1/4 left step L to left side, cross R over L - 12:00
- 6 Unwind 3/4 turn left (weight to R) - 3:00
- 7&8 Sweep L into sailor step L R L

**2 Restarts: Wall 3 (start 6:00 Restart 3:00) and Wall 6 (start 9:00 restart 6:00); dance 16 counts and Restart from beginning

(Note: To dance all 11 walls the starting wall #: 12 -3 -6 (R) -3 -6 -9 (R) -6 -9 -12 (I fade on this set) -3 -6 (good beat kicks in at wall 5)

Big thanks to Susan Rackley for the music suggestion!

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牆數:4