Make it Glow

拍數: 32

級數: Low Intermediate

編舞者: Donna Manning (USA) - September 2017

牆數: 0

音樂: Light It Up - Luke Bryan



**2 Restarts on walls 2 & 5 (both start @ 9:00 and it happens at 3:00) *1 Tag after wall 6 facing 12:00

#32 count intro on the quick beat.....

Sec. 1: ¼ Turn, Touch 3X, Press, Hitch

- 1,2,3,4,5,6 ¹/₄ Turn R stepping R to R side(3:00), touch L next to R, ¹/₄ turn R stepping L to L side (6:00), touch R next to L, ¹/₄ turn R stepping R to R side (9:00), touch L next to R
- 7,8 Press ball of L to L side, bring instep of L to inside calf of R (9:00)

Sec. 2: Step Side, Spiral, Step, Sweep, Cross, Step Back, Step Side, Together

- 1,2,3,4 Step L to L side, ³/₄ turn spiral over the R shoulder, step out fwrd R(6:00), sweep L back to front
- 5,6,7,8 continue sweep across R stepping down on L, step R back, Step L to L side, bring R together (6:00)

***on the 2 restarts – TOUCH on count 8 allowing the R to be available to restart dance This happens the first 2X you start @ 9:00 – restart happens facing 3:00

Sec. 3: Step, Lift, Back, Side, Cross, Pause, ¼ Turn, ½ Turn

- 1,2,3,4 Step L across R to diagonal (7:30), bring R instep to L calf, step R back, step L to L side
- 5,6,7,8 Cross R over L, pause, ¼ turn R stepping back on L, ½ turn R stepping fwrd on R

Sec. 4: ¼ Turn Step Side, Back Rock, Recover, ¼ Turn, ½ Turn, Walk 2X, Lift

- 1,2,3 Continue turning another 1/4 turn R stepping L to L side, Rock back on R, recover to L
- 4,5,6,7 1/4 turn L stepping back on R, 1/2 turn L stepping L fwrd, walk R-L
- 8 Going up on the ball of L bring instep of R to L ankle (or calf)

TAG: 8 counts - Sways with a touch

Sway R hip back 3-4 Sway L hip fwrd 5-6 Sway R hip back 7-8 Sway L hip fwrd, touch R next to L

HAVE FUN!

1-2

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