

# Second Hand Heart

**COPPER** KNOB  
STEPSHEETS

拍數: 34      牆數: 4      級數: Intermediate Polka Rhythm  
編舞者: Tonnie Vos (NL) & Ira Weisburd (USA) - September 2017  
音樂: Second Hand Heart - Gerry Guthrie



## **PART I. (FORWARD TRIPLE STEP, FORWARD TRIPLE STEP; FORWARD MAMBO, BACK MAMBO)**

1&2      Step R forward, Step-close L beside R, Step R forward  
3&4      Step L forward, Step-close R beside L, Step L forward  
5&6      Step R forward, Recover back onto L, Step R back  
7&8      Step L back, Recover forward onto R, Step L forward

## **PART II. (FORWARD, PIVOT 1/2 L TURN, SHUFFLE 1/4 L TURN; SYNCOPATED WEAVE BACK 7 STEPS)**

1-2      Step R forward, Pivot 1/2 L Turn (6:00)  
3&4      Step R forward making 1/4 L Turn (3:00), Step-close L beside R, Step R to R  
5&6&      Step L behind R, Step R to R, Step L across R, Step R to R  
7&8      Step L behind R, Step R to R, Step L across R

## **PART III. (HEEL JACK: BALL, HEEL, STEP, CROSS, BALL, HEEL, BALL, HEEL; COASTER STEP, PIVOT 1/2 L TURN)**

&1&2      Step back on ball of R, Touch L heel forward, Step L in place, Step R across L  
&3&4      Step back on ball of L, Touch R heel forward, Step R in place, Touch L heel forward  
5&6      Step L back, Step-close R beside L, Step L forward  
7-8      Step R forward, Pivot 1/2 L Turn onto L (9:00)

## **PART IV. (ROCKING CHAIR, FORWARD, LOCK, STEP; ROCKING CHAIR, FORWARD, LOCK, STEP)**

1&2&      Step R forward, Recover back onto L, Step back onto R, Recover forward onto L  
3&4      Step R forward, Step L behind R ankle, Step R forward  
5&6&      Step L forward, Recover back onto R, Step L back, Recover forward onto R  
7&8      Step L forward, Step R behind L ankle, Step L forward  
9-10      Step R forward, Pivot 1/2 L Turn (3:00)

## **REPEAT DANCE.**

**\*Note: TAG.** On Wall 3,5 and 7 (at the end of Part II, there is a 2 count tag: &9&10 Step R to R Step L behind R, Step R to R, Step L across R) First time facing 9:00, Second & Third time at 3:00

**\* Note: RESTART.** At the end of Wall 5 facing 3:00, dance the first 10 counts of the dance & restart facing 9:00

Last Update - 9 May 2021