I Hear You Knockin'

拍數:	48	牆數:	4	級數:	Intermediate

編舞者: Marja Urgert (NL) - September 2017

音樂: I Hear You Knockin' "By" Jimmy Ellis

Intro: 16 Counts

Section1: R Chasse, Back Rock, Recover, 1/4 Turn R, Step R To R Side, Cross Shuffle

1&2	RF. Step to R side - LF. Step next to RF - RF. Step to R side
3-4	LF. Back rock - RF. Recover
5-6	LF. 1/4 Turn R step back - RF. Step to R side (3)
7&8	LF. Cross over RF - RF. Step to R side - LF. Cross over RF

Section 2: Step R To R Side, Hold, Step Together, Step R To R Side, Touch, L Rolling Vine into Chasse

1-2&3-4	RF. Step to R side - Hold - LF. Step next to RF - RF. Step to R side - LF. Touch next to RF
5-6-7&8	LF. 1/4 Turn L step fwd - RF. 1/2 Turn L step back - LF. 1/4 Turn L step to L side - RF. Step next to LF - LF. Step to L side (3)

Section 3: R Heel Grind with 1/4 Turn R, Step Together, L Heel Grind with 1/4 Turn L, Step Together, Shuffle Fwd

1-2-3	RF. Step on heel fwd turn toes from L to R - LF. 1/4 Turn R step back - RF. Step next to LF (6)
4-5-6	LF. Step on heel fwd turn toes from R to L - RF. 1/4 Turn L step back - LF. Step next to RF (3)
7&8	RF. Step fwd - LF. Step next to RF - RF. Step fwd

Section 4: Step Fwd, Pivot 1/2 Turn R, 1/2 Turn R with Back Toe Strut, 1/2 Turn R with Toe Strut Fwd, Shuffle Fwd

1-2	LF. Step fwd - 1/2 Turn R (9)
3-4	LF. 1/2 Turn R step back on toe - LF. Drop heel (snap your fingers) (3)
5-6	RF. 1/2 Turn R step fwd on toe - RF. Drop heel (snap your fingers) (9)
7&8	LF. Step fwd - RF. Step next to LF - LF. Step fwd

Section 5: Kick, Kick, Coaster Step X2

1-2-3&4	RF. kick fwd x2 - RF. Step back - LF. Step next to RF. RF. Step fwd
5-6-7&8	LF. kick fwd x2 - LF. Step back - RF. Step next to LF - LF. Step fwd

Section 6: Weave To L side, Rocking Chair

1-2-3-4	RF. Cross over LF - LF. Step to L side - RF. Cross behind LF - LF. Step to L side
5-6-7-8	RF. Rock fwd - LF. Recover - RF. Rock back - LF. Recover

Start Again

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