

級數: Improver

編舞者: Nora Kodet - August 2017

音樂: You Look Good - Lady A

Intro: Start on the Vocals-16 beats in

拍數: 32

[1-8] CROSS, STEP, STEP X2, TOE STRUT JAZZBOX

- 1&2 Cross R over L-Rock L to left-Recover onto R
- 3&4 Cross L over R-Rock R to right-Recover onto L
- 5&6. Cross R toe over L, Step R heel down, Step L back,
- 7&8 Step R toe to side, Step R heel down, Step L next to R

[9-16] STEP FWD, SLIDE, SIDE ROCK, RECOVER, STEP, STEP BACK2X, COASTER STEP

- 1&2 Step R big step Forward, Slide L Forward, step on L
- 3&4 Rock to right , recover on L,Step R to L
- 5, 6 Step back L, Step back R
- 7&8 Step L back, step R together, step L forward.

[17-24] RIGHT ROLLING VINE, SAILOR SHUFFLE, 1/4 SAILOR SHUFFLE TURN LEFT

- 1&2 1/4 turn R step on RF, 1/2 turn R step back on LF,
- 3&4 1/4 turn R step on RF, Step L toe next to R.
- 5&6. Cross R behind L, rock L to side(with ball of L foot), step R slightly forward,
- 7&8 Cross L behind R, make 1/4 turn left as step R next to L,Step L forward.

[25-32] SYNCOPATED LOCK STEPS, STEP, 1/2 TURN, SHUFFLE

- 1&2 Step right diagonal forward, lock L behind R, step R diagonally forward
- &3 Step L diagonal forward, lock R behind L
- &4 Step L diagonal forward, step R diagonally forward
- 5, 6 Step L forward, 1/2 turn to right
- 7&8 Step forward L,R,L

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牆數:4