

Ugly Heart

COPPER KNOB
BY STEPHEN

拍數: 64 牆數: 2 級數: High Intermediate
編舞者: Michael O'Shea (IRE) - October 2017
音樂: Ugly Heart - G.R.L. : (available on download or on single)



#32 count intro. Start on vocals.

S1: Knee, turn ¼, kick ball change, switch turn, step ½, side ¼

1-2 Bring right knee in beside left, on ball of left foot turn ¼ turn right
3&4 kick right foot, replace weight onto right, step onto left (kick ball change)
5-6 step fwd right, pivot ½ turn left,
7-8 turning ½ turn left step back on right, turning ¼ turn left step left to left side.(12.00)

S2: Rock step & cross, side, behind & cross, step ¼ X2

1-2 rock right across left, replace weight to left,
&3-4 step onto right (&), cross left over right, step right to right side,
5&6 step left behind right, step right to right side, cross left over right,
7-8 turning ¼ left step right back, turning ¼ turn left step left to left side (6.00)

S3: Charleston, Monterey ½ turn & cross side

1-2 (facing left diagonal) step fwd right, kick left foot fwd,
3-4 step back left, point right to right side
5-6 turning ½ turn right close right beside left, point left to left side (Monterey turn)
&7-8 close left to right (&), cross right over left, step left to left side,

S4: HOLD, close side, ¼ rock, side rock, cross back

1&2 HOLD, close right to left, step left to left side
3-4 turning ¼ turn right rock back right, replace weight to left
5-6 rock right to right side, replace weight to left
7-8 cross right over left, step back left

S5: Side, cross, chasse right, back rock, shuffle ¼ turn

1-2 step right to right side, cross left over right (completing a jazz box)
3&4 step right to right, close left beside right, step right to right side
5-6 rock back left, replace weight to right
7&8 turning ¼ turn left shuffle fwd left, right, left

S6: Spiral turn, step, sweep ¼ turn left, cross, side, behind, point

1-2 step fwd right, complete a full spiral turn left, (12.00)
3-4 step fwd left, sweep right around ¼ turn left, (9.00)
5-6 cross right over left, step left to left side
7-8 step right behind left, point left to left side

S7: ¼ turn point, cross point, close point hold X2,

1-2 step left ¼ turn left, point right to right side,
3-4 touch right across left, point right to right side ***RESTART*** here on walls 2 & 4 facing
12.00.
&5-6 close right to left, point left to left side, HOLD
&7-8 close left to right, point right to right side, HOLD

S8: & heel switches & slow mambo left, toe switches X3

&1&2 close right to left, touch left heel fwd, close left to right, touch right heel fwd,
&3-4-5 close right to left, rock fwd left, replace weight to right, step back left,

6&7&8 point right to right side, close right beside left, point left to left, close left beside right, point right to right side.

Begin Again & Enjoy.

****TAG** At the end of wall 5**

Tap right heel for 4 counts as you raise your arms shoulder height.

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