It Breaks My Heart



拍數: 32 牆數: 4 級數: Improver

編舞者: Audrey Watson (SCO) - October 2017 音樂: So Sad - The Everly Brothers: (iTunes)



Intro: 12 Counts

S1. Crossing Samba x 2Travelling Forward, Fwd Tap & Ba
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1&2	Cross right over left, rock left to left side, recover on right.
3&4	Cross left over right, rock right to right side, recover on left.

5-6 Step fwd on right, touch left toe behind right foot.

&7-8 Step back on left, Step right next left, step back on left.

S2. ¼ Turn Jazz Box Cross, Side Behind, Chasse ¼ Turn. left

1-2	Turn ¼ right stepping right to right side, cross left over right.
&3-4	Step back on right, step left next right, cross right over left.

5-6 Step left to left side, cross right behind left.

7&8 Step left to left side, close right next left, turn ¼ left stepping fwd on left.

S3. Rock ¼ Turn, Cross Shuffle, ½ Turn, Kick Ball Step.

1-2	Rock fwd on right turn 1/4 left recovering on lef
1-2	NOCK IWA OH HAHL LAHI /4 IEH TECOVEHHA OH IEH

3&4 Cross right over left, step left to left side, cross right over left.

5-6 Turn ¼ right stepping back on left, turn ¼ right stepping fwd on right.

7-8 Kick left foot fwd, step down on ball of left, step right foot fwd.

S4 Cross Back Side x 2, Fwd Rock Triple Full Turn (option Coaster Step)

1&2	Cross left over right, step back on right, step left next right.
3&4	Cross right over left, step back on left, step right to right side.

5-6 Rock fwd on left, recover on right.

7&8 Triple full turn left stepping, left, right, left. (Option Left Back coaster step)

Enjoy