

拍數: 32 牆數: 4 級數: Improver 編舞者: Kate Sala (UK) - October 2017 音樂: Haide (feat. Kemist) (Phoebus Remix) - Helena Paparizou : (Album:Summer Extended 2017) Music Available as mp3 download www.amazon.co.uk Intro: 16 counts. Walk Right, Left, Right Side Ball Step, Cross, Side, Behind, Left Side Ball Step, Cross. 12 Walk forward on R, L. & 34 Rock out on ball of R to right side. Recover on to L. Cross step R over L. 56 Step L to left side. Cross step R behind L. & 78 Rock out on L to left side. Recover on to R. Cross step L over R. Step Right, Together, Right, Together, Back, Rock Back With Kick, Recover, Shuffle. 12 Step R to right side. Step L next to R. 3 & 4 Step R to right side. Step L next to R. Step back on R. 56 Rock back on L with low kick forward with R. Recover on to R. 7 & 8 Step forward on L. Step R next to L. Step forward on L. \*(Restart during wall 5) Forward Rock With 1/4 Turn Right, Cross Shuffle, Side, Behind With Sweep, Behind, Side, Cross. 1 & 2 Rock forward on R. Recover on to L. Turn 1/4 right stepping R to right side. 3:00 3 & 4 Cross step L over R. Step R to right side. Cross step L over R. 56 Step R to right side. Cross step L behind R sweeping R round clockwise from front to back. 7 & 8 Cross step R behind L. Step L to left side. Cross step R over L. Left Side Rock, Recover & Step Right, Together, Cross 1/2 Turn Right, Step Forward. 12& Rock out on L to left side. Recover on to R. Step L next to R. 34 Step R to right side. Step L next to R. Cross step R over L.

Turn 1/4 right stepping back on L. Turn 1/4 right stepping R to right side. 9:00

## Start Again

5

8

6 7

Restart: During wall 5 facing 12:00 restart after 16 counts

Step forward on L.