Throwback

拍數: 32

級數: Beginner

編舞者: Adrian Churm (UK) - October 2017

音樂: Throwback - James Barker Band : (Album: Game On - Amazon online stores)

Sec 1: Side step, touch step x2, scissor step.

- 1-4 Step right to the side, touch left next to right, step left to the side, touch right next to left.
- 5 8 Step right to the side, close left towards right, step right across left, hold.

Sec 2: Side step, touch step x2, scissor step.

- 1 4 Step left to the side, touch right next to left, step right to the side, touch left next to right.
- 5 8 Step left to the side, close right towards left, step left across right, hold.

Sec 3: Grapevine right, brush forward, Grapevine left with ¼ turn L, brush forward.

- 1 4 Step right to the side, step left behind right, step right to the side, brush left forward.
- 5 8 Step left to the side, step right behind left, ¼ turn to left with left, brush right forward.

Sec 4: Toe struts forward, rocking chair.

- 1 4 Step forward onto right toes, snap R heel down, step forward onto left toes, snap L heel down.
- 5 8 Rock forward onto right, recover back, rock back onto right, recover forward

Optional ending on the last wall turn the toe struts to the left to face the front and finish.





牆數:4