

# My Roots

COPPER KNOB  
STEPPERS

拍數: 48      牆數: 4      級數:  
編舞者: Cheryl Dibble (USA) - October 2017  
音樂: Roots - Zac Brown Band



## Begin with lyrics

### S1: Rock Recover X3, Right Heel Hook

1-2-3-4      Rock forward on R recover L, rock right on R recover L  
5-6-7-8      Rock back on R recover L, place R heel forward, hook over L

### S2: Right Side shuffle, Cross Shuffle, Right Side Shuffle, ½ Turn Triple Step

1&2,3&4      Shuffle right RLR, cross L over R and shuffle LRL  
5&6,7&8      Shuffle right RLR, triple step turning ½ left LRL

### S3: Jazz Box; Step, Pivot ½ Left X2

1-2-3-4      Step R over L, step back on L, step R to right, step L together  
5-6-7-8      Step R forward, turn ½ left, weight on L; step R forward, turn ½ left, weight on L

### S4: Rock Right Recover, SLOW Right Sailor Step, SLOW Left Sailor Step

1-2-3-4      Rock R to right, recover L, cross R behind L, step L to left  
5-6-7-8      Step R to right, cross L behind R, step R to right, step L together

### S5: Right Side Shuffle, Rock, Recover; ¼ Turn Shuffle, Step, Turn ½

1&2,3,4      Shuffle right RLR, rock L over R, recover R  
5&6,7,8      Turning ¼ left, shuffle forward LRL, step R forward; turn ½ left, weight on L

### S6: Forward Shuffle, Rock Recover, Coaster Step, Stomp. Stomp

1&2,3,4      Shuffle forward, RLR, rock forward on L, recover R  
5&6,7,8      Step L back, step R together, step L forward; stomp R, stomp L

RESTART: On 2nd and 4th wall after 32 counts

RESTART: On 5th wall after 40 counts

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