The Sweet Eighteen (有影美) (zh)

拍數: 32 **牆數:** 2 **級數:** High Beginner

編舞者: Nina Chen (TW) & Belinda Yoong (MY) - 2017年11月

音樂: You Ying Mei (有影美) - Chen Le (陳雷)

Intro: 48 counts (Starting on vocal)

Sec 1: L DIAGONAL WITH R ROCKING CHAIR, CROSS - RECOVER, CHESSE

1-4	(Facing L diagonal) Rock RF fwd - Recover on LF - Rock RF back - Recover on LF
5-6, 7&8	Cross RF over LF - Recover on LF, Step RF to R - Step LF beside RF - Step RF to R
1-4	(面向左斜角) 右足前下沉 - 重心回左足 - 右足後下沉 - 重心回左足
5-6, 7&8	右足前跨 - 重心回左足, 右足右踏 - 左足併踏右足旁 - 右足右踏

Sec 2: R DIAGONAL WITH L ROCKING CHAIR, CROSS - RECOVER, CHESSE 1/4 L

1-4	(Facing R diagonal) Rock LF fwd - Recover on RF - Rock LF back - Recover on RF
5-6, 7&8	Cross LF over RF - Recover on RF, Step LF to L - Step RF beside LF - 1/4 turn L (9:00) step LF fwd
1-4	(面向右斜角) 左足前下沉 - 重心回右足 - 左足後下沉 - 重心回右足
5-6, 7&8	左足前跨 - 重心回右足, 左足左踏 - 右足併踏左足旁 - 左轉1/4 (9:00) 左足前踏

Sec 3: TOE STRUT - 1/2 L TOE STRUT, FWD - RECOVER, COASTER STEP

1-4	Touch RF toe fwd - Step RF heel down - 1/2 turn L (3:00) touch LF toe fwd - Step LF heel down
5-6, 7&8	Step RF fwd - Recover on LF, Step RF back - Step LF beside RF - Step RF fwd
1-4	右足尖前點 - 右足跟踏下 - 左轉 1/2 (3:00) 左足尖前點 - 左足跟踏下
5-6, 7&8	右足前踏 - 重心回左足, 右足後踏 - 左足併踏右足旁 - 右足前踏

Sec 4: JAZZ BOX 1/4 L, FWD - PIVOT 1/2 R, FWD SHUFFLE

1-4	Cross LF over RF - Step RF back - 1/4 turn L (12:00) step LF to L - Step RF fwd
5-6, 7&8	Step LF fwd - Pivot 1/2 R (6:00) weight on RF , Fwd shuffle (L R L)
1-4	左足前跨 - 右足後踏 - 左轉1/4 (12:00) 左足左踏 - 右足前踏
5-6, 7&8	左足前踏 - 向右踏轉1/2 (6:00) 重心回右足, 前交換步 (左 右 左)

Tag 1: After wall 2. (12:00), wall 7. wall 11 (6:00)
加拍一: 第二牆. 結束後 (12:00), 第七牆. 第十一牆. 結束後 (6:00)
HIP BUMPS

1-4	Step RF to R while bump hips twice - Step LF to L while bump hips twice
1-4	右足右踏同時推臀兩次 - 左足左踏同時推臀兩次

Tag 2: After wall 4. (12:00), wall 9 (6:00)
加拍二: 第四牆. 結束後 (12:00), 第九牆. 結束後 (6:00)
HIP BUMPS

1-4	Step RF to R while bump hips twice - Step LF to L while bump hips twice
5-8	Rock RF to R while bump hips index finger from left to right (3counts) - Recover on LF
1-4	右足右踏同時推臀兩次 - 左足左踏同時推臀兩次
5-8	右足右下沉同時推臀並且加上手指由左到右移動 (三拍) - 重心回左足

**Ending: Wall 12 after S1 (6:00)
**結束: 第十二牆跳完第一個八拍 (6:00)
MAMBO 1/2 L - HIP BUMPS

1&2, 3&4&	Rock LF fwd - Recover on RF - Step LF fwd, Bump hips (R L R L)
1&2, 3&4&	左足前下沉 - 重心回右足 – 左足前踏, 推臀 (右 左 右 左)

Have Fun & Happy Dancing !!!

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