Dabbin' Gold



拍數: 32 牆數: 4 級數: Intermediate

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音樂: Gold - Kiiara



Intro: After 16 counts

[1 – 8] Rockstep Cross, Rockstep, Cross, Step, Releve, Walk Backwards L R, Slide, Ball, Cross,		
1 & 2	Rock R to right side (1), Recover on L (&), Cross R over L (2), 12:00	
& 3 & 4	Rock L to left side (&), Recover on R (3), Cross L over R (&), Step R diagonally forward and rise on the ball of both feet (4), 1:30	
5 & 6	Transfer weight to L (5), Step R backwards (&), Step long step L backwards and drag R towards L (6), 1:30	
7 & 8	Hold (7), Step R next to L (&), Turn 1/8 L and Cross L over R (8) 12:00	
[9 – 16] Cross,	Sweep, Cross, Rockstep, Cross, Turn ¾ L, Walk Backwards L R, Slide, Heel Tap (2x),	
[9 – 16] Cross, & 1 – 2	Sweep, Cross, Rockstep, Cross, Turn ¾ L, Walk Backwards L R, Slide, Heel Tap (2x), Step R to R side (&), Cross L over R and sweep R from back to front (1), Cross R over L (2), 12:00	
•	Step R to R side (&), Cross L over R and sweep R from back to front (1), Cross R over L (2),	
& 1 – 2	Step R to R side (&), Cross L over R and sweep R from back to front (1), Cross R over L (2), 12:00 Rock L to left side (&), Recover on R (3), Cross L over R (&), Step R to right side and turn 3/4	

[17 – 24] Together, Step, Turn 3/4, Walk Forward, Rockstep, Slide with arm movements, Toe-Strut backwards, Knee lift and Bounce, Turn ½ L, Step

& 1 – 2	Step R next to L (&), Step L forward (1), Turn ¼ L and step R backwards (2), 12:00
& 3 & 4	Turn ½ L and step L forward (&), Step R forward and bring R arm out to R side (3), Step L next to R and bring L arm out to L side (&), Slide R backwards and push with both arms forward (4), 6:00
5 & 6 &	Step on Ball of L diagonally backwards and bring R hand to L shoulder (5), Drop L Heel and wipe L shoulder with R hand (&), Step on ball of R diagonally backwards and bring L hand to R shoulder (6), Drop R heel and wipe R shoulder with L hand (&), 6:00
7 & 8	Hitch L knee and bounce on R (7), Stay in same position and turn 1/8 L on R (&) Step L to L side (8) 3:00

[25 – 32] Bodyroll, Ball, Step, Dab R and L (arm movements)

1 - 2	Body angled 1/8 L and Bring body forward (1), Bodyroll backwards while transferring weight on R (2) 3:00
& 3 & 4	Step L next to R (&), Step R to right side (3), Bring L arm across body (&) Stretch R arm to R side (4) 3:00
5 - 6	Bounce Heels twice and Slowly stretch both arms to the L and look into R upper arm while transferring weight on R (5 -6) (look down to right) 3:00
7 - 8	Bounce heels twice Slowly stretch both arms to the R and look into L upper arm while transferring weight on L $(7 - 8)$ (look back to centre) 3:00

START AGAIN AND HAVE FUNNNN