

拍數: 114 牆數: 4 級數: Phrased High Intermediate
 編舞者: Manuela Weniger (DE) - November 2017
 音樂: iD (feat. Gentleman) - Michael Patrick Kelly



Intro: 16 Counts - Sequenz: ABC ABC CDB CC

Part A (32 Counts) (Start: 12:00)

A1: Step, Side Rock, Step, Side Rock, Mambo Step Forward, Back-Touch, Back-Touch

1 – 2& Step R forward, Step L to L side, recover on R
 3 – 4& Step L forward, Step R to R side, recover on L
 5 & 6 Step R forward, recover on L, step R next to L
 &7&8 Step L diagonal back, touch R next to L, step R diagonal back, touch L next to R

A2: ¼ Turn Left/Step, ½ Turn Left/Back, ½ Shuffle Turn Left, Cross, Back & Cross, Side

1 – 2 ¼ Turn left/step L forward, ½ Turn left/step R back (3:00)
 3 & 4 ¼ Turn left/step L to L side, step R next to L, ¼ Turn left/step L forward (9:00)
 5 – 6 Cross R over L, step L back
 &7 – 8 Step R to R side, cross L over R, step R to R side

A3: & Side Rock, Behind-Side-Cross & Cross, Side, ¼ Hip Roll Turning Right

&1 – 2 Step L next to R, step R to R side, recover on L
 3 & 4 Step R behind L, step L to L side, cross R over L
 &5 – 6 Step L next to R, cross R over L, step L to L side
 7 – 8 Roll hips to R side, roll hips to L side and make a ¼ Turn right (weight is on L) (12:00)

A4: Back Rock & Back Rock, ½ Shuffle Turn Right, ¼ Turn Right/Side, Cross, Point

1 – 2& Step R back, recover on L, step R next to L
 3 – 4 Step L back, recover on R
 5 & 6 ¼ Turn right/step L to L side, step R next to L, ¼ Turn right/step L back (6:00)
 &7 – 8 ¼ Turn right/step R to R side, cross L over R, point R to R side (9:00)

Part B (16 Counts) (Start: 9:00)

B1: Cross Samba Left + Right, Mambo Step Forward, Back, ½ Turn Right/Step, Step

1 & 2 Cross R over L, step L to L side, recover on R
 3 & 4 Cross L over R, step R to R side, recover on L
 5 & 6 Step R forward, recover on L, step R next to L
 7 & 8 Step L back, ½ Turn right/step R forward, step L forward (3:00)

B2: Cross Samba Left + Right, Mambo Step Forward, Back, ½ Turn Right/Step, Step

1 – 8 Repeat Section 1 of Part B (9:00)

Part C (32 Counts) (Start: 9:00)

C1: Samba Basic Right + Left, 1¼ Volta Right

1 & 2 Step R to R side, step L back, recover on R
 3 & 4 Step L to L side, step R back, recover on L
 5&6& (1¼ Volta right) Step R forward (5), step L next to R (&), step R forward (6), step L next to R (&)
 7 & 8 Step R forward (7), step L next to R(&), step R forward (8) (12:00)

C2: Samba Basic Left + Right, Full Volta Left

1 & 2 Step L to L side, step R back, recover on L
 3 & 4 Step R to R side, step L back, recover on R

5&6& (Full Volta left) Step L forward (5), step R next to L (&), step L forward (6), step R next to L (&
7 & 8 Step L forward (7), step R next to L (&), step L forward (8) (12:00)

C3: Twinkle Step Left, Twinkle Step Right with ¼ Turn Left, Twinkle Step Left, Twinkle Step Right with ½ Turn Left

1 & 2 Cross R over L, step L to L side, step R next to L
3 & 4 Cross L over R, step R to R side, step L next to R and make a ¼ Turn left (9:00)
5 & 6 Cross R over L, step L to L side, step R next to L
7 & 8 Cross L over R, step R to R side, Step L next to R and make a ½ Turn left (3:00)

C4: ½ Turn Left/Back, Side Rock, Back, Side Rock, Sailor Step, ¼ Sailor Turn Left

1 & 2 ½ Turn left/step R back, step L to L side, recover on R (9:00)
3 & 4 Step L back, step R to R side, recover on L
5 & 6 Step R behind L, step L to L side, step R forward
7 & 8 Step L behind R, ¼ Turn left/step R to R side, step L forward (6:00)

Part D (34 Counts) (Start: 9:00)

D1: Skate 2x, Chassé Right, Skate 2x, Chassé Left

1 – 2 Skate R forward, skate L forward
3 & 4 Step R to R side, step L next to R, step R to R side
5 – 6 Skate L forward, skate R forward
7 & 8 Step L to L side, step R next to L, step L to L side

D2: Cross Rock, Side Rock, Sailor Step, Cross Rock, Side Rock, ¼ Sailor Turn Left

1&2& Cross R over L, recover on L, step R to R side, recover on L
3 & 4 Step R behind L, step L to L side, step R forward
5&6& Cross L over R, recover on R, step L to L side, recover on R
7 & 8 Step L behind R, ¼ Turn left/step R to R side, step L forward (6:00)

D3: Skate 2x, Chassé Right, Skate 2x, Chassé Left

1 – 8 Repeat Section 1 of Part D

D4: Cross Rock, Side Rock, Sailor Step, Cross Rock, Side Rock, ¼ Sailor Step Left

1 – 8 Repeat Section 2 of Part D (3:00)

D5: V-Steps

1&2& Step R diagonal forward, step L diagonal forward, step R back to center, step L next to R

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