A Christmas Twist

級數: Beginner Contra

編舞者: Junghye Yoon (KOR) - November 2017

音樂: A Christmas Twist - Si Cranstoun

拍數: 64

Sec 1 : Vine Step R, Together, Swivel R, L, R, L

- 1-4 Step R side, step L Behind R, step R side, together
- 5-8 Swivel heels R, L, R, L

Sec 2 : Vine Step L, Together, Swivel L, R, L, R

- 1-4 Step L side, step R Behind L, step L side, together
- 5-6 Swivel heels L, R, L, R

Sec 3 : Slow Jazz Box × 2

- 1-4 Cross R over L, hold, Step L back R, hold
- 5-6 Step R side, hold, step L forward R, hold

Sec 4 : Slow Jazz Box × 2

- 1-4 Cross R over L, hold, Step L back R, hold
- 5-6 Step R side, hold, step L forward R, hold

Sec 5 : Twist R , Twist L 1/4 Turn L

- 1-2 Swivel both heels to right, swivel both toes to right
- 3-4 Swivel both heels to right, Flick L behind R
- 5-6 Swivel both heels to left, swivel both toes to left
- 7-8 Swivel both heels to left, 1/4 turn L flick R behind L (9:00)

Sec 6 : Twist R, 1/4 turn L Twist L

- 1-2 Swivel both heels to right, swivel both toes to right
- 3-4 Swivel both heels to right, Flick L behind R
- 5-6 1/4 turn L Swivel both heels to left, swivel both toes to left (6:00)
- 7-8 Swivel both heels to left, flick R behind L

Sec 7 : Toe Swivel (Heel Out, In, Out, In)

- 1-4 Touch R forward L with swivel heel out, in, out, in (body lean back)
- 5-8 Swivel R heel out, in, out, in (body lean forward)

Sec 8 : Toe Swivel (Heel Out, In, Out, In)

- 1-4 Swivel R heel out, in, out, in (body lean back)
- 5-8 Swivel R heel out, in, out, in (body lean forward)

Contact : linedancequeen7@gmail.com





牆數:2