

# Melt Your Cold Cold Heart

**COPPER** KNOB  
STEPSHEETS

拍數: 32      牆數: 4      級數: Beginner  
編舞者: Alison Carrington (UK) - November 2017  
音樂: Cold Cold Heart - Alan Gregory



## #36 Count Intro

### Section 1: Out, In, Out, Behind, Side, Cross, Mambo Step, Run back x 3

1&2      Tap right toe to right side, tap beside left, tap right toe to right  
3&4      Bring right behind left, step left to left, cross right over left  
5&6      Rock forward on left, rock back on right, step back on left  
7&8      Run back on right, left, right (weight on right)

### Section 2: Out, In, Out, Behind, Side, Cross, Mambo Step, Run back x 3

1&2      Tap left toe to left side, tap beside right, tap left toe to left  
3&4      Bring left behind right, step right to right, cross left over right  
5&6      Rock forward on right, rock back on left, step back on right  
7&8      Run back on left, right, left (weight on left)

### Section 3: Diagonal Skate, Skate, Shuffle, Diagonal Skate, Skate, Shuffle

1 2      Skate right foot right diagonal, skate left foot left diagonal  
3&4      Step right to right diagonal, bring left up to right, step right to right diagonal  
5 6      Skate left foot to left diagonal, skate right foot right diagonal  
7&8      Step left to left diagonal, bring right up to left, step left to left diagonal (straighten up to 12.00)

### Section 4: Rock forward, back, coaster step, jazz box ¼ left

1 2      Rock forward on right, rock back on left  
3&4      Step back on right, step back on left, step forward with right  
5 6 7 8      Cross left over right, step back on right, ¼ turn left as step left to left, touch right beside left ready to begin again.

**No Tags or Restarts – Yippee!!!!**

Music can be obtained from Alan Gregory's website as follows: [www.alangregory.me.uk](http://www.alangregory.me.uk).

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