Sio Ade

1 - 4

5 - 8

1 - 4

5 - 8

1 - 4

5 - 6

7 & 8

1 - 4

5 - 6

7 - 8

1 - 2

3 - 4

5 - 6

7 - 8

1 - 2

3 & 4

5 - 6

7 & 8

1 - 2

3 - 4

5 - 6

7 - 8

1 - 2

3 - 4



拍數: 128 牆數: 1 級數: Phrased Intermediate 編舞者: Rini Hukom (INA) & Luci - November 2017 音樂: Ade Monika by Emooz Sequence: A-B-C-C Tag A-A-D-B-C-C Tag A-A-D-C-A-A-A A. 32 counts A1: WALK, TOUCH, SIDE TOUCH, HITCH Walk RLR, Touch L toe next to R Touch L toe side, Hitch L, Touch L toe side, Touch L toe next to R A2: BACK, BACK, BACK, TOUCH, SIDE TOUCH, HITCH Back LRL, Touch R toe next to L Touch R toe side, Hitch R, Touch R toe side, Touch R toe next to L A3: ROCKING CHAIR, FORWARD, RECOVER, ½ TURN R, SHUFFLE Rock forward R, Recover on L, Rock back on R, Recover on L Rock forward on R, Recover on L Turn ½ R forward R, Step L next to R, Forward on L A4: ROCKING CHAIR, FORWARD, TURN ½ TURN R, FORWARD, HOLD Rock forward L, recover on R, Rock back on L, Recover on R Step L forward, Turn 1/2 R weight on R Step L next to R with pumping both arms, Hold and still pumping both arms B. 32 counts B1: ROCK CROSS, RECOVER, SIDE, ROCK CROSS, RECOVER, SIDE, CLOSE, CLOSE Rock R cross over L, Recover on L Step R to side, Rock L cross over R Recover on R, Step L to side Step R next to L, Step close on L B2: HEEL GRIND, COASTER, HEEL GRIND, COASTER Swivel R toe to left, Swivel R toe to right Step back on R, Step L next to R, Step forward on R Swivel L toe to right, Swivel L toe to left Step back on L, Step R next to L, Step forward on L **B3: REPEAT B.I B4: REPEAT B.II** C. 32 counts CI. FORWARD, TURN 1/8, TURN 1/8, HEEL CROSS, SIDE, BEHIND, SIDE Step R to R side, Turn 1/8 R weight on L Step R to side, Turn 1/8 R weight L Step R heel to cross R over L with bending both knees, Step L to left side Cross R behind L, Step L to left side CII. HEEL CROSS, SIDE, BEHIND, RECOVER, SIDE, CLOSE, CLOSE, SIDE, CLOSE, CLOSE

Step R heel to cross R over L with bending both knees, Step L to left side

Cross R behind L, Recover on L

5 & 6	Step R to right side, Step L next to R, Close on R
7 & 8	Step L to left side, Step R to next L, Close on L
CIII. TURN ¼ L, SIDE, CLOSE, CLOSE, SIDE, CLOSE, CLOSE, TOUCH CROSS OVER, TOUCH SIDE, CROSS, SIDE, RECOVER	
1 & 2	Turn ¼ L Step R to right side, Step L next to R, Close on R
3 & 4	Step L to left side, Step R next to L, Close on R
5 – 6	Touch R heel cross over L, Touch R toe to side
7 & 8	Cross R over L, Step L to side, Recover on R
an / =a	
	CROSS OVER, TOUCH SIDE, CROSS, SIDE, RECOVER, CHARLESTON
1 – 2	Touch L heel cross over R, Touch L toe to side
3 & 4 5 – 6	Cross L over R, Step R next to L, Recover on L
5 – 6 7 – 8	Touch R forward, Step back on R Touch L backward, Step L next to R
7 – 0	Touch E backward, Step E flext to K
D. 32 counts	
DI. FORWARD DIAGONALLY, CLOSE, FORWARD DIAGONALLY, CLOSE	
1 – 2	Step R forward diagonally with bending and wide both knees, Close L next R back position
3 – 4	Step L forward diagonally with bending and wide both knees, Close R next L back position
5 – 6	Step R forward diagonally with bending and wide both knees, Close L next R back position
7 – 8	Step R forward diagonally with bending and wide both knees, Close L next R back position
DII. BACK, HEEL GRIND, FORWARD, CLOSE, BACK, CLOSE	
1 – 2	Back on R with swivel L toe to left, back on L with swivel R toe to right
3 – 4	Repeat and close
5 – 6	Step R forward and shimmy shoulder, Step L next to R continue shimmy
7 – 8	Step back on L and shimmy shoulder, Step R next to L continue shimmy
DIII. ¼ TURN L TOE TOUCH, HOLD, HIP BUMP, PADDLE TURN ¼ TURN R TOE	
	D, 1/8 TURN L, 1/8 TURN L
1-2	Turn ¼ L touch R to to side, Hold
Look over L shoulder, L hand cover the face and R hand stretch up diagonally	
3 & 4	Hip bump RLR
5 – 8	Turn ¼ R gradually touch R side and close
DIV. REPEAT D.III opposite	
Tag	

Tag 1 – 4 Turn the body to left with moving continue R L shoulder up and down fastly, Hold

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