

Generous

拍數: 64 牆數: 2 級數: Advanced
編舞者: Michael O'Shea (IRE) - November 2017
音樂: Generous - Olivia Holt : (Single)



#32 Count intro.

S1: Press, kick, coaster step, scuff, step, 1/4 turn, behind side cross

1-2 crossing right over left press fwd onto right foot, recover onto left kicking right fwd
3&4&5 step back right(3) close left to right(&) step fwd right(4) scuff left (&) Step onto left (5)
6 on the ball of both feet turn 1/4 turn right bringing weight onto left
7&8 step right behind left, step left to left side, cross right over left

S2: Side rock, behind, side cross, step lock & press, recover

1-2 rock left to left side, replace weight to right
3&4 step left behind right, step right to right side, cross left over right
5-6& step right to right diagonal, lock step left behind right, step onto right
7-8 press fwd onto left, recover onto right

S3: Back, back, sailor 1/2 turn, & side rock, cross, back, turn 1/4

1-2 step back left, step back right
3&4 rock back left, turning 1/4 turn left step onto right, step left 1/4 turn left (1/2 turn sailor)
&5-6 rock right to right side, replace weight to left, cross right over left
7-8 step back left, step right 1/4 turn right

S4: Cross, 1/4, 1/4, side, behind, 1/4 turn, shuffle fwd

1-2 cross left over right, step right back 1/4 turn left
3-4 turning 1/4 turn left step left slightly fwd, step right to right side
5-6 step left behind right, step right 1/4 turn right
7&8 shuffle fwd left, right left

S5: Cross, side, sailor heel, & cross side, behind, side, cross

1-2 cross right over left, step left to left side
3&4& rock right behind left, step left to left side, touch right heel fwd, step onto right
5-6 cross left over right, step right to right side
7&8 step left behind right, step right to right side, cross left over right

S6: Side rock & side rock & side rock, touch, unwind 1/2, touch

1-2 rock right to right side, replace weight to left
&3&4 close right to left, rock left to left side, replace weight to right, close left to right
&5 rock right to right side, replace weight to left
6 point right slightly over left
7-8 unwind 1/2 turn left dipping slightly on the turn, taking weight onto right, touch left fwd

S7: Walk L, R, kick ball, rock step, turn, touch, side

1-2 step fwd left, step fwd right
3&4 kick left fwd, step onto ball of left, rock fwd right
5-6 replace weight to left, step right 1/4 turn right to right side
7-8 touch left beside right, step left to left side as you begin to drag right in

S8: Back rock, shuffle fwd, rock step, coaster step

1-2 rock back right, replace weight to left

3&4 shuffle forward right, left, right
5-6 rock fwd left, replace weight to right
7&8 step back left, close right to left, step fwd left
Note: You can triple turn the coaster step for a harder option.

Begin Again & enjoy!

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Released at Dance Crazy's Wild Atlantic Weekend Event.
