Rose Or Ryan

拍數: 48

級數: High Improver waltz

編舞者: Ross Brown (ENG) - December 2017

音樂: The Rest of Our Life - Tim McGraw & Faith Hill: (CD:The Rest Of Our Life - 3:45)

Intro: 27 Counts (Approx. 13 Seconds)

Note : At the End of Wall 7, slow down a little to compensate for the extra 3 Counts in the music.

DIAMOND FALLAWAY ¼ TURN L. TWINKLE STEP. CROSS. REVERSE ROLL FULL TURN R.

- 1 2 3Cross over L over R, step R back to R diagonal, step L back.
- 4 5 6Make a ¼ turn left stepping R behind L, rock L to L, recover onto R.
- 7 8 9Cross step L over R, step R to R, step L next to R.
- 10 11 Cross step R over L, make a ¹/₄ turn right stepping L back.
- 12 1 Make a ¹/₂ turn right stepping R forward, make a ¹/₄ turn right stepping L to L. (9 O'CLOCK)

Non-Turning Alternative :

10 – 1 Cross step R over L, close L up to R, cross step R over L, step L to L.

BACK ROCK. SIDE, BACK ROCK. SIDE ¼ TURN R, BACK ROCK. REVERSE ROLL 1 ¼ TURN L.

- 2 3Rock R back, recover onto L.
- 4 5 6Step R to R, rock L back, recover onto R.
- 7 8 9Make a ¼ turn R stepping L to L, rock R back, recover onto L.
- 10 Make a ¼ turn left stepping R back.
- 11 12Make a ¹/₂ turn left stepping L forward, make a ¹/₂ turn left stepping R back. (9 O'CLOCK)

Alternative :

11 - 12Lock L across R, step R back.

SIDE BASIC ¼ TURN L. SIDE BASIC. STEP, ROCK FORWARD. TRIPLE FULL TURN R.

- 1 2 3Make a ¹/₄ turn left stepping L to L, step R next to L, step L next to R.
- 4 5 6 Step R to R, step L next to R, step R next to L.
- 7 8 9Step L forward, rock R forward, recover onto L.
- 10 12 Make a full turn right (on the spot) stepping; R, L, R. (6 O'CLOCK)

Non-Turning Alternative :

10 – 12 Step R back, step L next to R, step R next to L.

BASIC FORWARD ¼ TURN L. STEP, BACK ½ TURN R, SIDE ¼ TURN R. X2.

- 1 2 3Step L forward, make a 1/4 turn left stepping R next to L, step L next to R.
- 4 5 6Step R forward, make a ¹/₂ turn right stepping L back, make a ¹/₄ turn right stepping R to R.
- 7 12 Repeat Counts 1 – 2 – 3 and 4 – 5 – 6 of this Section. (6 O'CLOCK)

END OF DANCE

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牆數:2