

Sadie

拍數: 32 牆數: 4 級數: Beginner
編舞者: Margaret Murphy (AUS) - November 2017
音樂: Sadie the Cleaning Lady - John Farnham



RIGHT, STEP SLIDE, STEP SCUFF, LEFT STEP SLIDE STEP SCUFF

1-4 Step fwd on Right, slide Left up to Right, step Right fwd, scuff Left
5-8 Step fwd on Left, slide Right up to Left, step Left Fwd. scuff Right(12.00)

STEP BACK RIGHT TOUCH LEFT, STEP BACK LEFT TOUCH RIGHT, REPEAT.

9-12 Step back on to R, touch L, next to R, step Left back, touch R next to L
13-16 Step back on to R, touch L next to R, step Left back, touch R next to L(12.00)

GRAPEVINE RIGHT, GRAPEVINE LEFT ¼ TURN LEFT

17- 20 Step Right to Right, step Left behind Right, step Right to Right, touch Left next to Right
21 – 24 Step Left to Left, step Right behind ¼ turn Left, step Left forward, touch Right.(9.00)

ROCKING CHAIR, RIGHT TOE STRUT, LEFT TOE STRUT

25 – 28 Rockstep forward onto R, rockstep back onto L, rockstep back into R, replace weight forward onto Left
29 – 32 Toe to Right, drop heel, toe to Left drop heel (Option 'V' Steps)(9.00)

This was written for one of my students Shirley, who is always cleaning up, I think every class has one of these. Lol

Enjoy.

Last Update – 8th Dec. 2017
