

O Mama Go Easy

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: Easy Beginner
編舞者: Molly Yeoh (MY) - December 2017
音樂: Oh Mama Hey (feat. Crystal Waters) (Radio Edit) - Chris Cox & DJ Frankie



#32 count intro - (No Tags - No Restart)

WEAVE TO RIGHT, CHEST PUMP

1-2-3-4, Step R to right, L step behind R, R to R, L step beside R
5-6-7-8 Pump chest 4 times or push in out with elbow hands 4 times

WEAVE TO LEFT, TWIST TO LEFT

1-2-3-4 Left step left, R step behind L, L to L, R step beside R
5-6-7-8 Twist to left 4 times (LRLR) or twist 4 times on the spot

RIGHT /LEFT/ RIGHT SHUFFLE FORWARD, STEP DOWN, BACK TAP, SNAP FINGERS

1&2 3&4 Right shuffle fwd, L shuffle fwd,
5&6 &78 R shuffle fwd, L fwd step down@&, R tap behind L@7, snap fingers@8

BACKWARD SHUFFLE TWICE, ROCK, HITCH ¼ TURN

1&2, 3&4 Right shuffle back, L shuffle back,
5 -6-7-8 R rock back recover on L, R rock back recover on L@8 ¼ Left turn with a hitch

Try it you will love it. Thank you!
(Alternate dance to OH MAMA HEY-INTER DANCE)

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