Savor Life



拍數: 32 牆數: 4 級數: Beginner / Improver

編舞者: Donna Manning (USA) - December 2017 音樂: Don't Get Better Than That - LOCASH



#16 count intro

*2 Tags and an easy ending

Sec. 1: Step, ½ Turn, Walk 2X, Rock, Recover, Step Back, Heel

1,2,3-4 Step L fwrd, ½ turn R taking weight to R, walk L-R

** Harder option for 3-4 – ½ R stepping L back, ½ turn R stepping R fwrd**

5, 6 Rock fwrd on L, recover weight to R 7,8 Step L back, touch R heel in front (6:00)

Sec. 2: Step, Touch, Back-Back, Step, Touch, Back-Back

1,2,3,4 Step down on R, touch L next to R heel, step L back to center, step R back to center 5,6,7,8 Step L fwrd, touch R next to L heel, step R back to center, step L back to center (6:00)

Sec. 3: Step-Touch & Clap, Step-Touch & Clap, 1/4 Turn Step-Touch & Clap, Stomp, Stomp

1,2,3,4 Step R to R diagonal, touch L next to R and Clap, step L to L side, touch R next to L & Clap 5,6,7,8 ¼ turn R step R to R side, touch L next to R & clap, stomp L at center, stomp R next to L(angle toes R) (9:00)

Sec. 4: Toe Heel Swivels, Hitch - Heel Toe Swivels, Hitch

1,2,3,4 Both Toes L, both heels L, both toes L taking weight to L, hitch R 5,6,7,8 Both heels R, both toes R, both heels R taking weight to R, hitch L (9:00)

TAG: 8 count Tag: After walls 4 and 8 happening at the front both times

1,2,3,4 Walk L,R,L kick R

5,6,7,8 Walk back R,L,R touch L next to R

Ending: 3rd time starting at the front – mirror image of section 2, 1st 5 counts

1,2,3,4,5 Step L down, touch R next to L, step R back, step L, stomp R down.