She's Like The Wind

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拍數: 64 牆數: 2 級數: Intermediate 編舞者: Esmeralda van de Pol (NL) - January 2018 音樂: She's Like the Wind - Calum Scott Intro: 32 counts S1: SIDE, TOGETHER, CROSS-SIDE-TOGETHER 1/8 TURN L, WALK FWD, ANCHOR STEP Step LF to L side, Step RF next to LF Step LF in front of RF, 1/8 turn L and step RF to R side, Step LF next to RF - 10.30 Step RF fwd, Step LF fwr Step RF behind LF, recover weight on LF, Step RF slightly back S2: WALK BACK, SHUFFLE 1/2 TURN L, STEP FWD, 3/8 TURN R, BEHIND SIDE CROSS Step LF back, Step RF back 1/4 turn L-step LF to L side, Step RF next to LF, 1/4 turn L step LF fwd - 04.30 Step RF fwd, 3/8 turn R-step LF to L side, - 09.00 Step RF behind LF, step LF to L side, Crosss RF over LF S3: SIDE LUNGE, TRIPPLE FULL TURN LEFT CROSS, SIDE ROCK, COASTER STEP Lunge L to left side and point R to R side, Recover weight on RF Triple full turn L, L,R,L, traveling to the side, Cross LF over RF. - 09.00 Rock RF to R side, Recover weight on LF Step RF back, Step LF next to RF, Step RF fwd S4: WALK FWD, FWD MAMBO STEP, WALK BACK, 1/4 TURN R REVERSE ANCHOR STEP Step LF fwd, Step RF fwd Rock LF fwd, recover weight on RF, Step LF back Step RF back, Step LV back en prepare to make the ¼ turn R 1/4 turn R-step RF back, Step LF in front of RF, Step RF slightly back - 12.00 S5: BACK ROCK, SIDE ROCK CROSS, SIDE ROCK, CROSS SHUFFLE BEHIND Rock LF back, recover weight on RF Rock LF to L side, recover weight on RF, Cross LF in front of RF Rock RF to R side, recover weight on LF Step RF behind LF, Step LF to L side, Step LF behind RF S6: SIDE ROCK ¼ TURN L, SHUFFLE ½ TURN L, STEP FWD, ½ TURN R, SHUFFLE ½ TURN R rock LF to L side, recover weight on RF and make a 1/4 turn L-weight on RF - 09.00 1/4 turn L-step LF to L side, Step RF next to LF, 1/4 turn L-step LF fwd - 03.00 Step RF fwd, 1/2 turn R-step LF back 1/4 turn R-step RF to R side, Step LF next to RF, 1/4 turn R-step RF fwd - 03.00 S7: FWD ROCK, SHUFFLE BACK, HIP SWAY 1/4 TURN R, CHASSE R Rock LF fwd, recover weight on RF Step LF back, Step RF next to LV, Step LV back 1/4 turn R-step RF to R side with hip sway, Sway hip L - 06.00 Step RF to R side, Step LF next to RF, Step RF to R side S8: CROSS, SIDE, COASTERSTEP DIAGONAL, CROSS, SIDE, COASTER CROSS Step LF in front of RF, Step RF to R side

Step LF back in L diagonal, step RF next to LF, Step LF fwd - 10.30

5-6 Step RF in front of LF, Step LF to L side - 06.00

7&8 Step RF back, Step LF next to RF, Step RF in front of LF

No Tags No Restarts

End, in wall 6 replace count 7&8 from section 4 in a coaster step 1/4 turn L to end at 12.00