

# All Over

拍數: 32      牆數: 4      級數: Beginner / Improver  
編舞者: Yvonne Anderson (SCO) - January 2018  
音樂: It's All Over Now (feat. Shannon Noll) - Adam Harvey : (Album: From Both Sides Now)



Notes: 16 count intro, (start on vocal),  
One Restart during wall 6, following count 16

## [1-8] R & L TOE-HEEL-CROSS, ROCK BACK-RECOVER-STEP, FORWARD LEFT-LOCK-LEFT

- 1&2      Touch R toes to left instep, (&) Touch R heel to left instep, Step R forward and across left [12]  
3&4      Touch L toes to right instep, (&) Touch L heel to right instep, Step L forward and across right [12]  
5&6      Rock R back, (&) Recover weight on L, Step R forward [12]  
7&8      Step L forward, (&) Lock R behind left, Step L forward [12]

## [9-16] MAMBO 1/4 TURN RIGHT, BEHIND-SIDE-CROSS, SIDE-TOGETHER-SIDE-TOGETHER, 1/4 RIGHT WALK FORWARD R AND L

- 1&2      Rock R forward, (&) Recover weight on L, Make 1/4 turn right stepping R to right [3]  
3&4      Step L behind right, (&) Step R to right, Step L across right [3]  
5&6/7      Step R to right L, (&) Step L beside right, Step R to right, (&) Step L beside right [3]  
7-8      Make 1/4 turn right and walk forward R, L [6]

\*\*\*RESTART - during wall 6 dance up to count 16 then Restart facing 9 o'clock\*\*\*

## [17-24] CROSS, BACK, SIDE SHUFFLE, CROSS, BACK, SIDE-TOGETHER-SIDE-TOGETHER

- 1-2      Step R across left, Step L back [6]  
3&4      Step R to right, (&) Step L beside right, Step R to right [6]  
5-6      Step L across right, Step R back [6]  
7&8&      Step L to left, (&) Step R beside left, Step L to left, (&) Step R beside left [6]

## [25-32] STEP 1/4 TURN LEFT, STEP 1/2 L, SHUFFLE, TWO STEP FULL TURN, SHUFFLE

- 1      Make 1/4 turn left stepping L forward [3]  
2&      Step R forward, (&) Make 1/2 turn left taking weight on L [9]  
3&4      Shuffle forward stepping R, L, R [9]  
5-6      Make 1/2 turn right stepping L back, Make 1/2 turn right stepping R forward [9]  
7&8      Shuffle forward stepping L, R, L [9]

REPEAT

Last Update - 11th Jan. 2018