Stars Stripes and Dirt

級數: Improver

拍數: 32 編舞者: Darren Bailey (UK) - January 2018 音樂: Heartbeat - Drake White

Intro: 16 Counts	
Rock to R	, Recover, Cross Shuffle, Back, Side, Forward Shuffle
1-2	Rock RF to R side, Recover onto LF
3&4	Cross RF over LF, Step LF to L side, Cross RF over LF
5-6	Step back on LF, Step RF to R side
7&8	Step forward on LF, Close RF next to LF, Step forward on LF
Pivot ½ tu	rn L, Shuffle ½ turn L, Back, Coaster Step, Forward
1-2	Step forward on RF, Make a ½ turn pivot L
3&4	Make a ¼ turn L and step RF to R side, Close LF next to RF, Make a ¼ turn L and step back on RF
5-6&	Step back on LF, Step back on RF, Close LF next to RF,
7-8	Step forward on RF, Step forward on LF
Diagonal F	R, Close, R Chasse, Diagonal L, Close, L Chasse
1-2	Step RF to R diagonal, Close LF next to RF
3&4	Step RF to R side, Close LF next to RF, Step RF to R side
(counts 1-	4 Should be dance stepping towards 1:30, but with the body facing 11:30)
5-6	Step LF to L diagonal, Close RF next to LF
7&8	Step LF to L side, Close RF next to LF, Step LF to L side and turn slightly to face 12:00
(counts 5-	8 should be danced stepping towards 11:30, but with body facing 1:30)
Cross, Ba	ck, Chasse ¼ turn R, Pivot ½ turn R, Forward, Touch
1-2	Cross RF over LF, Step back on LF
3&4	Step RF to R side, Close LF next to RF, Make a ¼ turn R and step forward on RF
5-6	Step forward on LF, Make a ½ turn pivot R
7-8	Step forward on LF, Touch RF next to LF
Hope you	enjoy the dance.

Live to Love; Dance to Express.





牆數:4