

This Little Girl

COPPERKNOB
STEPSHEETS

拍數: 64 牆數: 2 級數: Intermediate
編舞者: Hiroko Carlsson (AUS) - January 2018
音樂: This Little Girl's Gone Rockin' - Ruth Brown : (iTunes)



Dance starts after you hear I WROTE MY MOM A LETTER AND THIS IS WHAT I SAID... WELLA WELLA WELLA WELLA (Approximately 16 seconds intro)

[S1] Side Rock-Together RL, Back, Touch Together

1 2 Rock/step R to right side, Recover weight on L
3 4 Step R next to L, Rock/step L to left side
5 6 Recover weight on R, Step L next to R
7 8 Step R back, Touch L next to R (12:00)

[S2] Side Rock-Together LR, Back, Hold

1 2 Rock/step L to left side, Recover weight on R
3 4 Step L next to R, Rock/step R to right side
5 6 Recover weight on L, Step R next to L
7 8 Step L back, Hold (12:00)

[S3] Rock Back-Recover, 1/2L Back-Lock-Back, Coaster Step

1 2 Rock/step R back, Recover weight on L prep for 1/2 turn
3 4 Make a 1/2 turn left stepping back on R, Lock/cross L over R
5 6 Step R back, Step L back
7 8 Step R next to L, Step L fwd (6:00)

[S4] 2x Heel Ball-Cross, Side, Hold

1 2 Dig R heel right forward, Step R beside on ball foot
3 4 Cross L over R, Dig R heel right forward
5 6 Step R beside on ball foot, Cross L over R
7 8 Step R to right side, Hold (6:00)

[S5] L Heel, Together, R Heel, Together, Scoop L Fwd

1 2 L heel fwd, Step L next to R
3 4 R heel fwd, Step R next to L
5 6 Scoop L foot from back to the front over 2 counts
7 8 Step L fwd, Hold (6:00)

[S6] R Heel, Together, L Heel, Together Scoop R Fwd

1 2 R heel fwd, Step R next to L
3 4 L heel fwd, Step L next to R
5 6 Scoop R foot from back to the front over 2 counts
7 8 Step R fwd, Hold (6:00)

[S7] Step-Pivot 1/2R, 2x Step-Lock-Step

1 2 Step L fwd, Turning 1/2R weight recover on R
3 4 5 Step L fwd, lock/step R behind L, Step L fwd
6 7 8 Step R fwd, lock/step L behind R, Step R fwd (12:00)

[S8] Step-Pivot 1/4R, Cross, Hold, 1/4L Back, 1/2L Fwd, Touch Together, Hold

1 2 Step L fwd, Turning 1/4R weight recover on R
3 4 Cross L over R, Hold (3:00)
5 6 Make a 1/4 turn left stepping back on R, Turning further 1/2L step L fwd

7 8

Touch R next to L, Hold (6:00)

No Tag No Restart

If you have any inquiries please contact me. (hirokoinedancing@gmail.com)
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