

Almost 85

COPPER KNOB
STEPPERS

拍數: 32 牆數: 4 級數: Improver
編舞者: Lisa McCammon (USA) - January 2018
音樂: 85 - Andy Grammer : (CD: The Good Parts;)



Country option: Sugar And Pai by The Boots Band, 130 bpm,(No Tag)

Clockwise rotation; start weight on L - #16 count intro

Sequence after intro: 32, 32, 32, 32, 16, 32, 32, 32, 16, 32, 32, 32

Notes: Because of the upbeat tempo, keep your steps small throughout. This can be a floor split for 85 by Rachael McEnaney-White and Kerry Maus, which was the inspiration for this dance.

STEP, HOLD-&-STEP, BRUSH, ROCK, RECOVER, COASTER STEP

- 1-2 Step forward R, HOLD
- &3-4 Close L, step forward R, brush L (the brush is subtle—just skim the ball of your foot forward)
- 5-6 Rock forward L, recover R
- 7&8 Step back L, close R, step forward L

HEEL, HEEL-&-HEEL, HEEL-&-STEP, TURN LEFT ¼, STEP, TURN LEFT ¼

- 1-2& Touch R heel in place twice, step R home
- 3-4& Touch L heel in place twice, step L home
- 5-6 Step forward R, turn left ¼ [9]
- 7-8 Step forward R, turn left ¼ [6] (over-rotate slightly to left diagonal)

CROSS, SIDE, BACK, SWEEP, BACK, SWEEP, BACK ROCK, RECOVER

- 1-4 Cross R, step L to side, step back R, sweep L
- 5-8 Step back L, sweep R, rock back R, recover L

KICK, KICK, BACK ROCK, RECOVER, STEP, TURN LEFT ¼ [3], STEP, LOCK

- 1-4 Kick R forward twice, rock back R, recover L
- 5-6 Step forward R, turn left ¼ [3]
- 7-8 Step forward R, lock L (styling: pop R knee, lifting heel off floor)

TAG occurs after the fourth and eighth repetitions, both times facing the front (refer to the sequence note above).

The Tag is only 8 counts, but you repeat it for 16 counts total.

STEP, HOLD-&-STEP, HOLD; STEP, TURN RIGHT ½, STEP FORWARD, HOLD (Dancers' option: snap or clap with the hold counts.)

- 1-2 Step R slightly forward, HOLD
- &3-4 Close L, step slightly forward R, HOLD
- 5-8 Step forward L, turn right ½ [6], step forward L, HOLD

REPEAT THE TAG, STARTING AT [6]

- 1-2 Step R slightly forward, HOLD
- &3-4 Close L, step slightly forward R, HOLD
- 5-8 Step forward L, turn right ½ [12], step forward L, HOLD

All rights reserved, December 2017. This step sheet is not authorized for publication on Kickit. If you have a script of this dance with the Kickit logo it should be destroyed, because it has been posted without permission or proper credit, and may have been altered without my knowledge or consent. Contact Lisa at dancinsfun@gmail.com or visit www.peterlisamcc.com

