Thank God For This Woman

級數: High Improver

編舞者: Stephen Pistoia (USA) - January 2018

音樂: Woman, Amen - Dierks Bentley: (iTunes)

Intro: 32 ct intro. Restart on wall 3 after 16cts

拍數: 32

(1-8) ROCK FORWARD, FULL TURN BACK, COASTER STEP, KICKBALL CHANGE

- rock RF forward recover on LF 1-2
- 3-4 making ½ turn RT step RF forward - pivot ½ turn RT on ball of RF step LF back
- step RF back step LF next to RF step RF forward 5&6
- kick LF forward step LF next to RF step RF next to LF 7&8

(9-16) LT SAMBA, RT SAMBA, WALK BACK, COASTER STEP

- 1&2 cross LF over RF making ¼ turn LT – step RF out to RT – step LF next to RF
- 3&4 cross RF over LF making 1/4 turn RT - step LF out to LT - step RF back
- 5-6 step LF back - step RF back
- 7&8 step LF back – step RF next to LF – step LF forward.(12:00)
- Restart happens on wall 3 after 16cts

(17-24) RT STEP, SHUFFLE, LT SCUFF, HEEL SWIVILS

- 1-2 step RF forward. Step LF next to RF.
- 3&4 step RF forward – step LF next to RF – step RF forward.
- 5-6 scuff LF forward- step LFout to LT.
- 7&8 swivel heels RT - swivel heels LT (12:00 wall) ...

(25-32 PIVOT KICK, COASTER STEP FULL TURN WALK WALK

- pivot on RF turning ¼ LT kick LF forward. 1-2
- 3&4 step LF back - step RF next to LF - step LF forward
- 5-6 step RF forward making ½ turn LT – pivot ½ turn LF on ball of RF stepping LF forward
- 7-8 step RF forward – step LF forward (9:00 wall)

This dance rotates counter clockwise

Any questions contact me @ pistoias@ymail.com have fun enjoy!!!!

Last Update - 7th Feb. 2018





牆數:4