Nan Ping Bell EZ

級數: Ultra Beginner



拍數: 32

牆數:4

編舞者: Lilian - November 2017

音樂: Nan ping wan choong

Intro: 32 Counts

Section 1. Walk Forward on Right Left Right Kick, Walk Back on Left Right Left with a touch

- 1234 Walk Forward on Right, Walk fwd on Left, Walk fwd on Right and Kick with Left foot
- 5678 Walk Back on Left, Right, Left and touch with Right foot.

Section 2. Syncopated K Steps

- 1234 Step diagonally forward to Right, Touch Left beside Right, Step diagonally forward to Left, Touch Right beside Left
- 5678 Step diagonally back on Left, Touch Right beside Left, Step diagonally back on Right, Touch Left beside Right

Section 3. Vine Right with a touch, Vine left with a 1/4 Left turn.

- 1234 Step Right to Right side, Step left behind Right, Step Right to Right side, Touch Left beside Right
- 5678 Step Left to Left side, Step Right behind Left, ¼ Turn left Step left forward, Touch Right beside Left

Section 4. Rocking Chair, Jazz Box Cross

- 1234 Step Right forward, Recover onto Left, Step Right back, Recover onto Left
- 5678 Cross Right over Left, Step Left back, Step Right to Right side, Cross left over Right.

REPEAT

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