

# She Gives Me Life

**COPPER** KNOB  
STEPSHEETS

拍數: 32      牆數: 2      級數: Low Intermediate  
編舞者: Donna Manning (USA) - January 2018  
音樂: Woman, Amen - Dierks Bentley



**\*1 fix & restart on count 16 on wall 3 (facing 6:00)**

Back wall is the mirror image of the front wall....yes it is ...just try it, it's fun!

Front wall will ALWAYS start with the L

**Sec. 1: Triple, Triple, Rock(Press), Replace, Step Back, Drag or Lift**

1&2, 3&4      Step L fwd, bring R instep to L heel, step L fwd, step R fwd, L instep to R heel, step R fwd  
5,6,7,8      Rock L fwd, replace weight back to R, step L back, lift R up (small hitch) (12:00)

**Sec. 2: Back Rock, Replace, Step, ½ Turn, Jazz Triangle**

1,2,3,4      Rock back on R, replace weight fwd to L, step R fwd, ½ turn L taking weight to L  
5,6,7,8      Cross R over L, step L back, R to R side, touch L next to R (6:00)

**\*\*\*FIX & RESTART here on wall 3 facing 6:00 —count 8 DO NOT TOUCH - take weight to L on count 8**

**Sec. 3: ¼ L, Step Fwd, ¾ Turn, Side Step, Behind, Side Step, Crossing Triple**

1,2,3,4      ¼ turn L stepping L fwd, step R fwd, ¾ turn L taking weight to L, step R to R side  
5,6,7&8      L behind R, R to R side, cross L over R, R to R side, cross L over R (6:00)

**Sec. 4: R Diagonal Rock, Replace, Behind, Side, Cross Rock, Replace, Side, Step**

1,2,3,4      Rock R to the fwd outside diagonal (7:30), replace weight to L, step R behind L, L to L side  
5,6,7,8      Cross rock R over L, replace weight to L, step R to R side, step L fwd (6:00)

Back wall will ALWAYS start with the R

**Sec. 1: Triple, Triple, Rock(Press), Replace, Step Back, Drag or Lift**

1&2, 3&4      Step R fwd, bring L instep to R heel, step R fwd, step L fwd, R instep to L heel, step L fwd  
5,6,7,8      Rock(or press) R fwd, replace back to L, step R back, drag or lift L up (small hitch) (6:00)

**Sec. 2: Back Rock, Replace, Step, ½ Turn, Jazz Triangle**

1,2,3,4      Rock back on L, replace weight fwd to R, step L fwd, ½ turn R taking weight to R  
5,6,7,8      Cross L over R, step R back, L to L side, touch R next to L (12:00)

**Sec. 3: ¼ R, Step Fwd, ¾ Turn R, Side Step, Behind, Side Step, Crossing Triple**

1,2,3,4      ¼ turn R stepping R fwd, step L fwd, ¾ turn R taking weight to R, step L to L side  
5,6,7&8      R behind L, L to L side, cross R over L, L to L side, cross R over L (12:00)

**Sec. 4: L Diagonal Rock, Replace, Behind, Side, Cross Rock, Replace, Side, Step**

1,2,3,4      Rock L to the fwd outside diagonal (10:30), replace weight to R, step L behind R, R to R side  
5,6,7,8      Cross rock L over R, replace weight to R, step L to L side, step R fwd (12:00)