Circle in the Sand



拍數: 64 編數: 4 級數: Intermediate

編舞者: Alison Austerberry (UK) - January 2018 音樂: Circle In the Sand - Belinda Carlisle



Re-start: End of Wall 2 - dance up to Count 48 - then start again

TAG: Wall 6 - dance up to Count 26

1-2 Point right toe to right side, touch right toe in place – then start again

WALK, WALK, RIGHT SHUFFLE, STEP, STEP, LEFT CROSSING SHUFFLE

1-2 Walk forward right to left diagonal. Walk forward left to left diagonal

3&4 Step forward right. Step left next to right. Step forward right

5-6 Step back on left. Step left next to right

7&8 Cross left over right. Step right to right side. Step left next to right

RIGHT TOE STRUT, LEFT TOE STRUT, RIGHT SIDE CHASSE, ROCK BACK (1/4 turn)

9-10	Step right to right side. Step right heel down
11-12	Cross left over right. Step left heel down

13&14 Step right to right side. Step left next to right. Step right to right side

15-16 Rock back on left, making ¼ turn left, recover on right

STEP, KICK, WALK, WALK, WALK, FLICK, WALK WALK

17-18	Step forward on left, kick right foot forward
19-20	Walk back on right. Walk back on left

21-22 Walk back on right with a lean backwards, turning head to the right, flicking left foot out

23-24 Walk forward on left, Walk forward on right

STEP TAP, STEP TAP, STEP TWIST, TWIST, TWIST TURN/CLAP

25-26.	Step forward on left. Tap right foot in front of left 09.00 (dipping)
27-28	Step right to right side. Tap left in front of right 09.00 (dipping)

29-30 Stepping left in place, twist heels to the left

31&32 Twist heels right, twist heels left with a ¼ turn swivel to the right

TAP, TAP, TAP, KICK BALL CHANGE, KICK BALL CHANGE

33-34	Tap right heel twice
35-36	Tap right heel twice
27020	Kick right foot forward

37&38 Kick right foot forward. Step on ball of right. Step left in place 39&40 Kick right foot forward. Step on ball of right. Step left in place

3/4 TURN LEFT (OVER 4 PADDLE TURNS)

41-42	Step out to right, swaying hips, turn left. Step left.
43-44	Step out to right, swaying hips, turn left. Step left
45-46	Step out to right, swaying hips, turn left. Step left
47-48	Step out to right, swaying hips, turn left. Step left.

STEP, TURN STEP TOUCH, STEP, TURN, STEP, TOUCH

49-50	Step forward on right. Step back on left turning ½ right
51-52	Step back on right. Touch left in front.
53-54	Step forward on left. Step back on right turning ½ left
53-56	Step back on left. Touch right in front

SIDE TOGETHER FORWARD, SIDE TOGETHER BACK,

57-58	Step right to right side. Step left next to right. Step right forward
59-60	Step left to left side. Step right next to left. Step back left.
61-62	Rock right out to right side and recover on left
63-64	Rock back on right and recover on left

START AGAIN