

Outside In

拍數: 32 牆數: 4 級數: Beginner
編舞者: Diana Dawson (UK) - January 2018
音樂: Outside Looking In - Lane Turner : (CD: Right On Time)



Intro 32 counts after the heavy drumbeats, start on vocals

Slower track for teaching:: There Goes by Alan Jackson (114bpm) CD: Greatest Hits Vol 2,
Intro 32 counts, start on vocals

Right Grapevine, Scuff, Left Grapevine, Scuff

- 1-2 Step Right to Right side. Step Left behind Right.
- 3-4 Step Right to Right Side. Scuff Left foot forward
- 5-6 Step Left To Left side. Step Right behind Left.
- 7-8 Step Left to Left side. Scuff Right foot forward

Step forward, Scuff, Step forward, Scuff, Run back x3, Hold

- 1-2 Step forward on Right. Scuff Left forward.
- 3-4 Step forward on Left. Scuff Right forward
- 5-6-7-8 Small steps backwards stepping Right, Left, Right. Hold

Rumba Box forward

- 1-2 Step Left to Left side. Step Right beside Left.
- 3-4 Step forward on Left. Hold
- 5-6 Step Right to Right side. Step Left beside Right
- 7-8 Step back on Right. Hold

Side, Together, Quarter turn Left, Hold, Rock forward, Recover, Rock back, Recover (Rocking Chair)

- 1-2 Step Left foot to Left side. Step Right beside Left
- 3-4 Quarter turn Left stepping forward on Left. Hold (9:00)
- 5-6 Rock forward onto Right foot. Recover back onto Left foot
- 7-8 Rock back on Right foot. Recover forward onto Left foot .

Start Over

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